



Trail Sweepings

The Newsletter of the
Trailsweepers Snow & Sports Club, Inc.

Volume 67, Issue VI

October 2017

www.trailsweepers.org

Annual Kick-Off Dinner & Dance Party

Saturday, November 11th 7-11 PM.

At the Stonehedge Restaurant
694 Broadway, West Park 384-6555



Join us for our annual start of the season party. There will be a four course sit down dinner, dancing with DJ **Anthony Nardone** till 11pm for \$34. There will be prizes and a 50/50/ raffle.

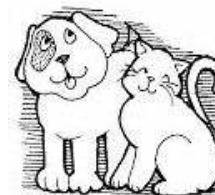
Make your reservations by November 5th
No refunds after November 9th

Make your checks out to TSSC and mail or give to:

Janet Mihm
28 Mauro Court
Saugerties NY 12477
845-246-1742
jcmihm@hotmail.com

Please fill out the coupon below and send out with your payment.

This year we are looking for donations for our local animal shelter (old towels, blankets, as well as food and animal toys). Drop them off at the entrance. Thank you.



It's Membership Renewal Time!!

It's that time of year when the Farmers Almanac predicts our winter weather (cold and lots of snow!!) and when we do our membership renewal drive. Your membership gives you access to our trips, discount tickets and a whole host of club sanctioned and subsidized events. You can find a membership renewal form at the following link on our web site: [trailsweepers.org/TSSC Membership Form.pdf](http://trailsweepers.org/TSSC_Membership_Form.pdf)

Please remember that we have a waiver to sign as part of your membership. It is on the back of the membership form, please be sure to include that with your renewal!! If you have already signed a waiver and we have that on file you do not need to file a second one.

Contact Carol Tomassetti with any questions on membership at membership@trailsweepers.org

TSSC Kick-Off Sign up by Nov. 5th

Name: _____

Phone: _____

Number of people in your party: TSSC: ____

HVSC: ____

____ Boneless Chicken with Sage Stuffing

____ Boneless Pork Loin

____ Sole Française

\$ ____ Check included (\$34 pp)

TSSC Roster 2017-2018

Club Officers

President

Jean Pavone 518-943-3896

Executive Vice President

Marla Brucker 845-687-2312

Administrative Vice President

Jackie Olivet 518-943-3896

Secretary

David Cardall 845-336-8876

Treasurer

Dale Ziegenfelder 845-657-6312

Club Board of Directors

Steve Ahladas (19) 845-419-4004

Mark Bailey (19) 845-679-6215

Katie Quick (19) 845-331-7358

David Wise (19) 845-255-1868

Sylvia Gersbach (18) 914-466-9515

Nick Mercurio (18) 845-687-2312

Jim Tomassetti (18) 845-331-2324

Diana Ziegenfelder(18)845-657-6312

Committees

Membership

Carol Tomassetti 845-331-2324

Meeting 50/50

Jean Pavone 518-943-3896

Programs

Jean Pavone 518-943-3896

NJ Ski Council

Jim Culla 845-517-4487

Discount Lift Tickets

Sharon Kenny 845-240-4113

Ski Racing

Jim Tomassetti 845-331-2324

Kayaking

Yvonne Baker 845-417-7144

John Hoefinger 518-719-0490

Fall Hiking

Margaret McGrath 845-750-8671

Picture Scrapbook

Rebecca Horner 845-626-3751

Media

Facebook

Carol Tomassetti 845-331-2324

Kate Henderson 518-239-6238

Trail Sweepings (Newsletter)

Daniel Desmedt 845-527-5381

Web Site: www.trailsweepers.org

Social Events

After the Holidays Party

Yvonne Baker 845-383-1534

Fall Kickoff Party

Janet Mihm 845-246-1742

Spring Banquet

Marla Brucker 845-687-2312

Sylvia Gersbach 914-466-9515

Mailing address

TSSC, PO Box 1061

Kingston, NY 12402-3061

Hello Trailsweepers,

The calendar was packed with club activities to present at the first club meeting of September and the meeting room was filled with members too! It was nice to catch up with Mike & Vivian Griffin, Herb Gilmour, Kate Walsh and Kate Henderson, who, incidentally, drove down from Medusa!

Thank you to everyone who has been taking part in club activities and attending club meetings.

I am happy to report that Ed Willett is active in the club again now that he is back living in the Hudson Valley. Congratulations Ed on that "hole-in-one" at the mini-putt outing. Debbie Briggs who is here for a fall visit gave Tom Filocco quite the challenge hiking up to North Point on our first hike of the season, according to Tom. I think Tom is now ready to start the ski season! The burgers and dogs at the John Brooks Memorial Hike were grilled to perfection by our very own grill master Skip Alford.

A special thank you goes out to all club members and to Ellen Kelly from the HVSC for riding and or donating to the Ride for Cancer Care in honor of John Brooks, Karen Martin and other family and friends who we have lost to cancer. And to Jackie Olivet as our team leader again this year for this worthy event.

MEMBERSHIP RENEWAL TIME IS NOW! Don't let your club membership lapse! Please see the write-up in this newsletter for easy renewal information. Stay active. Your body will thank you!

October will be packed with actives too. A few of the upcoming club activities include the last Kayak Paddle of the season to Bannerman's Island with an end of the year picnic to follow at the Beacon Boat Launch site, Friday Happy Hours that are organized by Janet Mihm for all to meet and socialize, a full hiking schedule through November and at our October 24th meeting a Program on the latest in ski and ride equipment will be present by Keith Holmquist of *The Pro Ski N' Ride Shop*.

Come to a club meeting for more details and info on other activities that the club has planned.

Happy Autumn!

Jean Pavone

president@trailsweepers.org

518-527-4670

Miniature Golf Report

by Jean



On September 19th, we had great weather for the first "Mini-Putt" Outing at Ascot Park in Kingston. Thank you everyone who attended. There was some spirited competition between Diana, Dale, and Jackie, some surprising great putts by Sharon K., Pat M. and Yvonne, who played much better than they thought they would, and a few "Hole-in-Ones" by Ed Willett, Jackie and myself. Most of all, there were a lot of laughs!

After playing Mini-Putt, we all headed over to LaFlorentina for dinner where Skip also joined us. Everyone agreed we should do this outing again some night next summer under the lights at Ascot Park. Stay tuned!



Killington Weekend

December 8-10, 2017

Staying at the Northstar Lodge
(on Killington's Access Road)

With heated outdoor pool, saunas, bar, fireplace lounge.

Includes:

Two day lift ticket and two nights lodging.

Party Friday night 8:30pm.

Double:\$255 pp Seniors (65-79) \$240 - 80+: \$155

Triple: \$235 pp Young Adults 13-18 \$15.00 less than adults.

Quad: \$225 pp Children 12 & under \$112.00 in same room with two adults (max. 2 kids).

Trip Deposit \$145 at sign up.

Balance due Nov. 1st, 2017.

Cancellation Date Nov. 1st, 2017.

Options: lessons, equipment rental, junior tickets.

Trip leader: Rudy Firmbach, Jr. 845-384-6499



Killington Mid-Week

January 7-12, 2018

Staying at the Northstar Lodge
(on Killington's Access Road)

Heated outdoor pool, sauna, bar, fireplace lounges.

Five day-lift tickets and five nights lodging.

Party Sunday night, pizza Tuesday night, dinner Thursday night.

Double:\$515 pp – Seniors (65+): \$475.

Triple: \$440 pp – Seniors 80+: \$315

Quad: \$400 pp – Young Adults 13-18: \$22 less than adults.

2, 3 & 4 Day options (starting on Sunday)

Deposit \$200 at sign up.

Second payment \$200 on December 15th, 2017.

Balance due December 31st, 2017.

Cancellation Date: December 15th, 2017.

Options: lessons, junior tickets.

Trip leader: Rudy Firmbach, Jr. 845-384-6499

Club Programs!

October 10th: Chris Brower from the Adaptive Ski Foundation

Opened in 2005, the Gwen Allard Adaptive Sports Center has become a model facility in the United States for serving individuals with disabilities through adaptive sports programs. The Center resides slope side on Windham Mountain.



Chris Brower is the Building & Equipment Supervisor at the Adaptive Sports Center. He is an elementary school teacher by training, a bicycle fabricator and mechanic, ski and snowboard technician, outdoor enthusiast and “people person” by nature. Chris grew up in the southern Adirondacks and took his successful high school hurdling career to Keene State College in New Hampshire. Access to the Green and White Mountains further influenced his love for nature, wild places, and steep descents.

Chris will be speaking to us about the Adaptive Ski Program and his role in the Program helping those with disabilities enjoy the great outdoors!

October 24th: Keith Holmquist from The Pro Ski N’ Ride Shop

Keith will present a program at our club meeting on the latest in ski and ride equipment. Keith specializes in custom boot fittings and custom orthotics. The Pro Ski N’ Ride Shop located in Hunter NY, is known throughout the region and the industry as master bootfitters and have accreditation from America’s Best Bootfitter. Bring a clean pair of socks to the program, and Keith will try and fit a few of us on his boot alignment machine!

There will be a free raffle give-a-way after each program!

I hope you can attend these programs and hear all the great information that Chris and Keith will have to share with us.



Jean

Important Budget Meeting Tuesday, October 24

Refreshments for Members at Meeting!

A quorum is needed.

At the club's October 24th meeting, the Board and officers, which are the Finance committee of the club, will be presenting its proposed budget for the upcoming year (in May, after the current Board and officers were just elected, an interim budget covering activities just through the fall was approved by the membership and now the full year budget will be presented) to members for their approval. We need a quorum of members set by our Constitution for voting on the budget so this is an important meeting for as many members as possible to attend!

BUDGET NOTES:

- The proposed budget is a good faith plan or estimate for the upcoming year of what we anticipate will be needed financially to run our programs and events and other miscellaneous parts of our club.
- Keep in mind that whatever amounts are listed on the proposed budget (published in this newsletter) for our activities and events do not have to be used up, and often are not, by the chairs/leaders of these activities and events! Our members who run our activities and events have a great history of keeping within our budget OR coming under it! Also, some years, some events end up not taking place, for a variety of reasons, i.e. no one coming forward to lead it, and, thus, not using funds and this reduces the deficit also.
- Thus, whatever deficit might show between our income and projected expenses might not end up being as much as shown at this time, and usually is not by the end of the budget year!
- The club's income is overwhelmingly comprised of membership dues only! So remember to renew your dues ASAP! There has not been any increase in our dues in many years; whereas, the cost of running activities/events and other necessary costs have obviously continued to increase through the years.

Please come to our October 24 Budget Meeting!

INCOME			
Membership dues			3214
Weekly Raffle			126
Misc.			144
Total Income			3484
EXPENSES			
Hiking			125
Kickoff Party			250
After the Holidays Party			400
Spring Banquet			900
Awards			500
Summer Bash			500
Kayaking			125
Office Supplies			150
Trailsweepings & Website			150
Insurances	1484	668	2200
Refreshments			400
PayPal Fees & Expenses			25
Programs			200
Racing			100
Publicity			200
Kingston Point Meeting			200
Scrap Book			150
Softball Picnic			200
Membership Expenses			215
NJSSC Travel			150
NJSSC Dues			75
Total Expenses			7215
Net			-3731

2017 Last Kayaking Paddle

Things to remember:

1. Working kayak/canoe.
2. Paddle, life vest, spray skirt, water, snacks, camera.
3. Proper clothes for the weather, gloves, hat, and anything else you might need.



Date, place, time, and description are noted below. Trips are usually a go if it is sunny, cloudy, or a little bit of rain. They are cancelled if weather is not conducive to paddling!

Date	Time	Meeting Place	Paddle Info
Sunday Oct. 1	11:00 AM	Beacon to Bannerman's Island Beacon kayak boat launch	Year-end picnic. We will have a picnic at Beacon Boat Launch site for kayaks. Will provide hamburgers etc. Bring drinks, snacks, and chair.
If you have questions, please contact Yvonne at 845-417-7144 or Kayak John at 518-719-0490 . See you on the water!!!			

John Brooks Memorial North Lake Hike & Picnic Report

By Jackie Olivet

On September 24th, on one of our warmest days in many, many years for this hike, 13 Trailsweepers, and one guest, braved the heat & did the first fall club hike and 14 Trailsweepers and one guest in total were at the picnic that followed.

We hiked the Escarpment trail starting at North Lake and some of us went all the way to North Point and back, while others didn't do the last stretch to North Pt. but came back on the Mary Glen's trail to North Lake, and finally a few of us (myself included due to a slightly sprained ankle, not from the hike but done previously!) hiked a shorter distance for a variety of reasons (Dale & Diana had a Bard concert to get to still that afternoon!) before returning to the picnic area. Although this can be a strenuous hike to North Pt., what is especially nice for our beginning hike is that everyone can have choices about how far they want to hike or which trail to take

back down. Because of the heat, we encountered slightly hazy views on the escarpment trail, which offers stunning views of the Hudson River and surrounding countryside and of the Catskills from North Pt.

It was great to see Jeff & Mo Viglielmo on the hike and their son Kealey, Sharon Kenny on her first hike, Debbie Briggs still up north before returning southward, Steve Wingard, Tom Filocco, Lorraine Baker, Yvonne's sister, & Yvonne & Skip, who lately seem to be doing it all with their kayaking, backpacking, and hiking! There was also Joe Williams and his wife and Carol Daniels at this event too and others like Kate Henderson and her fiancé, Russ, who came for the picnic. A special thanks to Jean, our very enthusiastic President, for organizing the picnic part of this activity and to Skip for doing the cooking!

Thanks to all who participated!

Looking Ahead

NJSSC Fall Expo

The New Jersey Ski & Snowboard Council will be holding their annual fall Expo on Friday, **November 3rd from 7 PM – 10 PM**. The Expo will take place at the Hanover Marriott Hotel, Route 10 East, Whippany, NJ. Admission to the Expo and parking is free! Attendees get to mingle with New Jersey & New York ski and snowboard club members and visit with representatives of major ski resorts and ski, board and bike shops. For more information please call Joe Harvis at 973-598-1005.

Warren Miller Movie: "Line of Descent"

7:30 PM on November 9th & 10th

The movie will be shown at the Palace Theatre in Albany, NY. Cost is \$24.

For more information: palacealbany.org or warrenmiller.com

Board News

By Jackie Olivet

On Sept. 12, the Board met for its monthly meeting with a variety of items on its agenda, as follows:

- Final review and approval of the club's yearly budget for submission to the membership for a vote of approval at the club's October 24 meeting (note: the timing of the meeting is set by our Constitution & Bylaws) – please note that on 10/24, there will be refreshments and a program! Please attend! A quorum is needed for this vote!
- Sanctioning of the Kick Off party & of the fall Hiking schedule/program
- Continued review and proposed changes to a survey, prepared by Carol & Jim T with Mark B's input, via Google docs the Board is planning on sending to the membership to survey the general membership's feelings about the frequency of summer meetings and what kinds of activities are of interest to members – the Board hopes to have this to members sometime in October – when you receive it via an email from Jean, our President, please take the couple of minutes to complete – we want your feedback!
- Finally, in connection with a review of the club's finances, including our income from membership dues, and our proposed expenses for our activities/events, the Board agreed to review at its next meeting the amount of membership dues, especially given that the club has not raised dues in many, many years (some Bd

members feel it's been close to 10-20 yrs since a dues increase!). In addition, in October the Board will be reviewing the status of its membership type in the NJSC, the investment of the club's assets as a way to bring in more income, our Directors & Officers' insurance, and review of membership attendance records at meetings & events

Our next Board meeting is October 10 at 6:30 p.m. at Tony's. Please remember that it is open to all. As always, if any member has questions or concerns, please contact me, the Board chair, or any Board member, as listed in our newsletter, and come to the club's meetings!!

Board Minutes' Blast from the Past! 14 yrs. ago - On Oct. 2, 2003, the Board met with its members Dale, John Brooks, Carol T, Tom F, Rudy F, Harold, Steve, Rob, & Muriel Browne present. Carol T gave the details of the club's Sugarbush trip. Pat Marsh presented details about the club's Garnet Hill XC ski trip in January with the price of \$155 for a double and \$130 for a quad! The Board sanctioned this trip. The Board then discussed the idea of the club charging extra \$ for events since it no longer had the Swap & Sell as a fundraiser.

Jackie, Chair

September 17th Ride for Cancer Care Report

By Jackie Olivet, Team Captain.

On September 17 at the Benedictine Health Foundation's Ride for Cancer Care, TSSC fielded a team of 10 bike riders, including Dale riding a unicycle in the family run/ride around the stadium, covering distances of 12, 25, & 50 miles on a beautiful, if not a bit warm, fall day. We had some first time participants such as Diana and Dale. Most of us riding had our TSSC bike shirts on raising awareness for our club. After our rides, we were treated to great refreshments with the ice cream being a team favorite!

We met our goal of ten team riders and almost met our fundraising goal with TSSC raising \$705. Thanks to the following participants and/or donors (From the info I received from the Foundation's website and office – if I missed anyone, my apologies ahead & not intended to leave anyone off!) for your participation and generosity in this important community event: Frank R; Kathleen B; Pat M; Jean P; Marla B; Nick M; Debbie B; Bob R; Carol T; Diana Z; Dale Z; Norika Z; Karen S; Ellen B; Ellen K; Steve A; Steve W; & myself! Some on this list are not even TSSC members but HVSC members such as Ellen Kelly and Bob Ricketson is a former club member. For those in the club who didn't participate and/or donate this year, please consider doing so next year!



Hiking Corner

by Margaret McGrath

Catskill hiking can involve quick weather changes. The summit may be 10-15° colder than the parking area. For fall hiking, no cotton; appropriate synthetics or wool only.

Carry rain gear that can be used as a wind shell, an extra long sleeve layer, a warm layer, hat and gloves. Wear hiking boots or trail shoes. Bring food and water.

Follow this link to the DEC website and familiarize yourself with hiking safety guidelines:

<http://www.dec.ny.gov/outdoor/28708.html>

This links to the Catskills 3500 Club for hiking resources and information:

<http://catskill-3500-club.org/resources.php>

The Hikers Responsibility Code is below. Go to www.HikeSafe.com for the Code and checklists. Follow the Hikers Responsibility Code. Remember, you are responsible for yourself and your group:

1. Have knowledge and proper gear. Learn about the terrain, conditions, local weather and your equipment before you start.
2. Leave your plans with someone. Tell them where you are going, the trails you are hiking, when you will return and your emergency plans. Sign in and out at the DEC trail register boxes.
3. Stay together. When you start as a group, hike as a group, end as a group. Pace the hike to the slowest person.
4. Turn back if it's necessary. Weather changes quickly in the mountains. Fatigue and unexpected conditions can affect your hike. Know your limitations and those of your group and postpone your hike if necessary. The mountain will be there another day.
5. Emergencies: even if you are headed out for just an hour, an injury, severe weather or a wrong turn could become life threatening. Don't assume you will be rescued; know how to rescue your self.
6. Share the Hikers Code with others.

Margaret McGrath

mmcgrath55@msn.com or 845-750-8671



Hiking Schedule

by Margaret McGrath

The Catskill hikes have a maximum of 20 hikers allowed by DEC, please RSVP to leader, also in case of weather cancellations.

Sun Oct 8 – Slabsides: the John Burroughs Nature Preserve in West Park - Diana Ziegenfelder:

A 4.5 miles easy hike. Slabsides is off 9W in West Park. Meet there by 9:15. Take Floyd Ackert Rd for 0.7mi and turn left on Burroughs Dr. Parking is very limited. You may carpool with me from the West Park PO, which is at the start of Floyd Ackert Rd. Hike starts at 9:30. After hiking, anyone interested can join me for lunch at the Frozen Rainbow in Port Ewen. Cell 845-325-899 or home 845-657-6312.

Sun Oct 15 – Ashokan High Point Hike – Janet Mihm – 845-246-1742:

8-9 mile loop, elev.3061 ft, gain 2000 ft. Great views of the Ashokan Reservoir and surrounding peaks. Meet at the Park-N-Ride at 8:45 AM off the Kingston traffic circle, take the Exit for 587, immediate right into parking lot. Leaving 9:00 AM sharp.

If you want meet us at the trailhead: Take Rt 28 to Boiceville, turn left on 28A, go approx.3 miles, turn right on Cty Rt42 Watson Hollow Rd, which turns into Peekamoose Rd, continue 3-4 miles, Kanape Brook DEC parking lot is on the right. Rain Cancels Bring a hat, gloves, rain wear and an Epi-pen if you are allergic.

Sun Oct 22 – Balsam Lake Mtn. Firetower hike – Steve Wingard 5.9 mi, 3,723 ft, 1100 ft elev. gain This hike follows an old road to the notch between BLM and Graham. The trail to the summit continues with rise and level a few times till you reach the firetower, the tower cabin is not usually open after Columbus Day, but you can climb up for amazing views. Call the leader for meeting time and place. Directions to the trailhead: Going west on Rt 28, go past Pine Hill to Highmount, take a left onto Galli Cursi Rd (Cty Rd 49A, same turn as for Belleayre), becomes Todd Mountain Rd, follow to end, turn

(Continued on next page)

Weekly Bike Rides

These rides are organized by fellow club members and are not sponsored or sanctioned by the club.

Road Bike Rides

Thursdays:

The rides **start** from Dietz Stadium at 5:30 PM and are typically from 25 to 38 miles. There are several ability groups B, B+ and C.



Jim Tomassetti is the contact:
jtskirat@gmail.com or 331-2324

(Hike schedule: Continued from previous page.)



left onto Dry Brook Rd. Go till Mill Brook Rd, turn right, follow uphill 2.2 miles to the highest point, DEC parking lot on right.
cell: 845-532-7459 s.wingard@hotmail.com

Sat or Sun Oct 28 or 29 – Location TBD - Nick Mercurio, IroNick@aol.com, H-845-687-2312.

Meeting point, car pooling, and departure time TBD, depending on who's coming and from where. Pouring rain will cancel. RSVP required, due to a DEC group limit of 20 hikers. You must be properly equipped and physically capable of handling five to six hours of hiking on possibly less-than-ideal footing, stream crossings, and unpredictable mountain weather. See the links in Hiker's Corner for hiking safety guidelines.

Sun Nov 5 – Panther Mountain - Mary and Charlie Noone:

6.6 miles elev 3,720 ft. elev. gain 1620 ft. This trail goes past Giant Ledge, with some of the finest views in the Catskills. The trail continues to the summit of Panther thru evergreen forest, with views of the Central Catskills. Meeting time and place in next month's newsletter. 845-679-6750

Nov 11 or 12 Huckleberry Point– By Yvonne and Skip:

More info in November newsletter. We can also be reached at 845-383-1534 if you have questions.
4.5 miles 650 feet elev. Gain. Moderate hike with some climbing and a great view. Start time and location in November newsletter.

Happy Hour

A few times a month, the club members meet at an area bar or eatery. Join us for a couple of hours of libation and friendly conversation.



Check for last minute changes on our Website at trailsweepers.org/calendar.html

October

- 6 **Stella's**, 44 North Front Street, Kingston.
- 20 **Reservoir Inn**, 157 Basin Rd, West Hurley.

Upcoming Events

Check for last minute changes on our Website at trailsweepers.org/calendar.html

Regular Meetings:

At 7:30 PM on 2nd and 4th Tuesdays of the month at TONY'S PIZZERIA, 582 Broadway, Kingston. May vary during holiday months.

October

- 1 **Last day for membership discount.**
- 8 Hike the **John Burroughs Nature Preserve** in West Park.
- 10 Meeting Special program: **Adaptive Ski Foundation**
- 15 **Ashokan High Point hike.**
- 22 **Balsam Lake Mtn. Firetower hike.**
- 24 Meeting Special Program: **Ski Boot Fitting.**
- 28 or 29 **TBD.** Check out our website later for details.

November

- 5 **Panther Mountain Hike.**
- 11 or 12 **Huckleberry Point Hike.**
- 17 **Annual Kickoff Dinner Dance.**

Please reach out and welcome the following new members to join Trailsweepers!

Joseph Fay
Jeffrey Lowe
Steve Masee

