



Volume 67, Issue IV

# Trail Sweepings

The Newsletter of the  
**Trailsweepers Snow & Sports Club, Inc.**

**August 2018**

[www.trailsweepers.org](http://www.trailsweepers.org)



## **John Brooks Memorial Picnic and Hike at North Lake** **Sunday, September 30**

Join us for our annual first hike of the fall season! From North Lake in Haines Falls, hike on the beautiful Escarpment trail from North Lake to Artist's Rock, Newman's Ledge, and for those who wish to continue, to North Point.

Following the hike, we will have a barbecue in the picnic area (near the entrance to the Escarpment trail & if it's very cold, we'll be under a pavilion, if available, nearby) at North Lake. **Hike starts at 10 a.m. Non-hikers can join the picnic at approx. 1:30 p.m.** Club will provide burgers, franks, and condiments. *Please bring a dish to share and beverage of your choice. Cost of picnic for nonmembers (other than HVSC nonmembers) is \$5.*



Carpooling is recommended as there is a park entrance fee **per car**. Those driving from the south can meet at McDonald's on Rte 212 across the Thruway Saugerties exit at 9:30 am.

Contact Vivien Griffin, club President, at [president@trailsweepers.org](mailto:president@trailsweepers.org) or Jackie Olivet or Jean Pavone (518-527-4670), picnic leaders, with any questions and to advise if you are planning on attending so we can plan the food. If closer to this event, the weather appears as if it will be very adverse to holding any hike or picnic, check your email for any cancellation message from our President, Vivien.

Looking forward to seeing everyone on September 30!

Jackie & Jean



## **A day at the Track**

Join us for a day at Saratoga Race Track at the "Top of the Stretch" on Wednesday, August 15<sup>th</sup>. We have reserved a private area on the rail for 24 people, cost is \$17 each, that includes entry to the track and a Racing Program.

First 22 people to sign up and send a check are in (Michael and I have the first two tickets!!!!)

Contact: Vivien, 914-466-5909. [president@trailsweepers.org](mailto:president@trailsweepers.org)

## TSSC Roster 2017-2018

### Club Officers

<b>President</b>	
Vivien Griffin	914-466-5909
<b>Executive Vice President</b>	
Robert Fletcher	845-338-1537
<b>Administrative Vice President</b>	
TBA	
<b>Secretary</b>	
David Cardall	845-336-8876
<b>Treasurer</b>	
Dale Ziegenfelder	845-657-6312

### Club Board of Directors

Skip Alford (19)	845-481-2898
Mark Bailey (19)	845-679-6215
Katie Quick (19)	845-331-7358
David Wise (19)	845-255-1868
Jackie Olivet (19)	518-469-2206
Mike Griffin (20)	914-388-7558
Steve Wingard (20)	845-532-7459
Sharon Kenny (20)	845-240-4113

### Committees

<b>Membership</b>	
Carol Tomassetti	845-331-2324
<b>Meeting 50/50</b>	
Jean Pavone	518-943-3896
<b>Programs</b>	
Jean Pavone	518-943-3896
<b>NJSSC Liaison</b>	
Jim Culla	845-517-4487
Sharon Kenny	845-240-4113
<b>Ski Racing</b>	
Jim Tomassetti	845-331-2324
<b>Discount Lift Tickets</b>	
Sharon Kenny	845-240-4113
<b>Kayaking</b>	
Yvonne Baker	845-417-7144
John Hoefinger	518-719-0490
<b>Fall Hiking</b>	
Margaret McGrath	845-750-8671

### Media

<b>Facebook</b>	
Carol Tomassetti	845-331-2324
Kate Henderson	518-239-6238
<b>Trail Sweepings (Newsletter)</b>	
Daniel Desmedt	845-527-5381
<b>Web Site:</b>	<a href="http://www.trailsweepers.org">www.trailsweepers.org</a>

### Social Events

<b>After the Holidays Party</b>	
Karen Spinozzi	845-338-0626
<b>Fall Kickoff Party</b>	
Janet Mihm	845-246-1742
<b>Spring Banquet</b>	
Marla Brucker	845-687-2312
Diana Ziegenfelder	845-657-6312

### Mailing address

TSSC, PO Box 3061  
Kingston, NY 12402-3061

Hi Trailsweepers,

Hope everyone is enjoying their summer. There has been kayaking, biking, golf, music and happy hours going on throughout July, I'm sure everyone has had fun at those outings.

Coming up in August is the Saratoga outing, kayaking and more happy hours. Also, be sure to sign up for the Bike/Ride/Walk for Cancer Care that is happening in late September. Jackie Olivet is organizing the TSSC team for this year, but would like for someone to take it over next year.

Also, Carol Tomassetti would like someone to take over Membership. Jackie and Carol would mentor anyone that would take over these responsibilities..... and we need a hiking chairperson too. Please contact me, Jackie or Carol if you would be willing to help. Jackie and Carol have been giving their time for many years and now need to "pass the touch". Please step up and volunteer..... our club can't run without volunteers !!!

Next meeting will be at Kingston Point Beach. There will be Kayaking at 2 pm, BBQ at 6pm, followed by a short meeting. Club provides hamburgers, hot dogs, etc. BYOB, a salad or dessert to share, a chair and bug spray. Hope to see you there.

Vivien  
[president@trailsweepers.org](mailto:president@trailsweepers.org)  
914-466-5909

## President's Corner



## Summer Garden Party

Saturday August 4, 4PM - ??



Trailsweepers and their friends are invited to the annual HVSC summer get-together of skiers and other snow-aficionados at the home of **Frank & Lois Van Zanten**, 138 Wilbur Blvd., Pok. BYOB and a dish to share.

Rain postpones till next day.

Questions? 845-473-1464. 845-242-1279. [FVZcolors@aol.com](mailto:FVZcolors@aol.com)

**Note:** This party is organized by a fellow HVSC member and is not sanctioned or sponsored by either club.

## Bike/Run/Walk for Cancer Care 2018.

Sunday, September 23<sup>rd</sup>

**Be on the TSSC Team or Donate on its Behalf!  
Register Before 9/1 to save on fees!**



Bike for Cancer Care 2018 marks 15 years of the Rosemary D. Gruner Fund helping over 1850 cancer patients and their families in the Mid-Hudson Valley!

Join the Benedictine Health Foundation on Sunday, September 23<sup>rd</sup>, and whether you ride the 12, 25, or 50-mile route, run or walk the 5k, there is one common goal – to raise money for families fighting cancer in our community.



New this year is an optional timed 5k, choice of t-shirt design, and user friendly registration platform to track our fundraising progress. TSSC will be riding, running, and walking again as a team in this worthy local community event. Join TSSC's team OR donate to our team! Once again, we will be doing this in memory of John Brooks and other TSSC members who battled cancer. In addition to the 12, 25 and 50-mile bike rides, there will be the 5k runner/walker non timed event and a timed 5k running event.

You may register as a participant and/or donor. If registering as participant or just donating, look for our team, Trailsweepers Snow & Sports Club, and register or donate under our team. Our initial fundraising goal is \$500.

***Register before Sept. 1<sup>st</sup> and save on registration fee!***

To register and/or donate, go to

[www.bikeforcancer.org](http://www.bikeforcancer.org) (and it will redirect you to this year's home page) OR

<https://secure.qgiv.com/event/bikeforcancer/> (this year's home page)

***Remember to register and/or donate under our Trailsweepers team please!***

Jackie, Team Captain

518-469-2206

[jaoolt@gmail.com](mailto:jaoolt@gmail.com)

## Kingston Point Beach Picnic Meeting Night.

**No Meeting at Tony's**

Tuesday, August 21<sup>st</sup> at 6PM



Join us for a BBQ picnic supper followed by our regular meeting. Club provides hot dogs, hamburgers, rolls, condiments, paper products, cups and utensils. Please bring your own drinks, something to share (salad, dessert, side dish), chairs and bug spray.

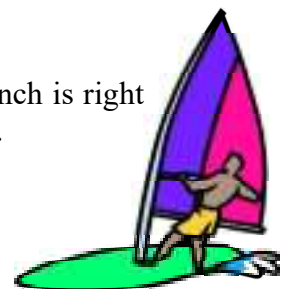
We will be there rain or shine.

Some people get there early for water sports, so bring your watercraft, as the boat launch is right there. There will be a kayaking paddle starting at 2 PM from the Kingston Point Beach.

Vivien

[president@trailsweepers.org](mailto:president@trailsweepers.org)

914-466-5909



## Remaining 2018 Kayaking Schedule



This year we decided to have midweek kayak trips as well as weekend paddles. As a result of our change, there are double the trips and double the fun on the water. Most of the midweek trips start at 2 pm. while the weekend trips usually start at 10 am. Let's get ready for some fun and adventure this year with the launch of the kayak schedule.

Things to remember:

- Working kayak/canoe.
- Paddle, life vest, spray skirt, water, snacks, camera.
- Proper clothes for the weather, gloves, hat, and anything else you might need.

Dates, places, times, and description are noted below. Trips are a go if it is sunny, cloudy, or a little bit of rain. They are canceled if weather is not conducive to paddling!

Date	Time	Meeting Place	Paddle info
Sat. Aug 4	10:00 AM	<b>Constitution Marsh</b> , Cold Springs Kayak launch site.	Paddle on the Hudson; explore the marsh.
Tue. Aug 21	2:00 PM	<b>Kingston Point Beach</b>	Before the TSSC Kingston Point Beach picnic meeting
Sept. 7-9	TBA	<b>Lake George</b> weekend camping and kayaking	See Note 1 below and contact Yvonne about this trip
Tue. Sept 25	2:00 PM	<b>Dutchman's Landing</b> in Catskill, NY	Explore the creek and Ramshorn Preserve.
Sun. Oct 7	11:00 AM	<b>Cheviot Park</b> launch site near Germantown.	Annual year-end picnic. See Note 2 below.

Note 1: Overnight at Lake George—Launching from Huletts Landing Marina. We will paddle to a state owned island and camp at a NYS campsite. For this trip we will need a commitment so we have a head count. Must bring camping equipment, food, etc. and carry everything in your kayak.

Please contact Yvonne 845-383-1534 and let her know if you are participating.

There will be a get together prior to this trip to discuss the itinerary.

Note 2: For the last paddle on Sunday October 7th, we will have a picnic at Cheviot Park—will provide hamburgers and hot dogs. Please bring drinks ,snacks and a chair. There will be a picnic \$5 charge for non club members.

Hope to see you on the water!!!

## Flight of Locks Kayak Paddle Report

By Kayak John

Thirteen kayakers showed up at Lock 6 on the Erie Canal Sunday morning (July 15); it was a glorious day weather wise. There were the usual suspects along with some guests who may be potential new club members.

Since this was a one-way trip down the flight of locks, (Lock 6 to Lock 2), we had to shuttle cars between the two points. Once we had the transportation figured out, launching took place at 10:45. Everyone experienced the unique feeling of being locked in a trough and then dropping 33 feet to huge opening doors. The average distance between each lock was about a half mile and we went “down the stairs” five times. At the end of lock 2, we decided to continue paddling for another mile down the Hudson River and finally back to Lock 2 for our take out. At the right side of the current Lock 2 is a historical lock which was rather unique. The locks at the

time of construction (1817) were no more than about 10 feet wide with mules walking along side of the locks to guide the boats. The doors were manually opened as opposed to the current hydraulic doors. The locks of today see a lot of recreational use and some commercial use as opposed to 1817 when commerce was the rule.

There were numerous vendors selling their wares at Lock 2 and it seemed to have a festive vibe when we were there. If you have never seen or experienced working locks, The Erie Canal lock system might be a fun place to explore in Waterford, NY.

We wound up at the Pump Station restaurant in downtown Albany for some food and libation.

HAPPY PADDLING!

## Weekly Bike Rides

These rides are organized by fellow club members and are not sponsored or sanctioned by the club.

### Mountain Bike Rides

Wednesdays:



We meet at Trapps lower parking lot every Wednesday, biking at Mohonk.

Rides **leave** at 5:30 till about 8pm. Followed by beer, soda and pizza at "Village Pizza". We have both B and C groups riding now, neither group will leave anybody behind.

Contact **Rick Fick** to get on his email distribution list [rjje@msn.com](mailto:rjje@msn.com) or 914-443-4060

### Hybrid Bike Rides

Mondays:



Hudson Valley Rail Trails Rides: (C-level or slower rides). The rides start at 6 PM . Each Monday we rotate between:

Tony Williams park in Highland.  
Page Lumber (Rte 55 in POK)  
Boces in New Paltz  
Rosendale  
Hurley

All beginners welcomed. Don't forget we tailgate after the ride, so feel free to bring something to share.

Contact **Rick Fick** to get on his email distribution list [rjje@msn.com](mailto:rjje@msn.com) or 914-443-4060

### Road Bike Rides

Thursdays:



The rides **start** from Dietz Stadium at 6PM and are typically from 25 to 38 miles.

There are several ability groups B, B+ and C.

**Jim Tomassetti** is the contact:  
[jtskirat@gmail.com](mailto:jtskirat@gmail.com) or 845-331-2324

## Happy Hours

A few times a month, the club members meet at an area bar or eatery. Join us for a couple of hours of libation and friendly conversation.



Check for last minute changes on our Website at [trailsweepers.org/calendar.html](http://trailsweepers.org/calendar.html)

### August

**3 Stella's Station:** Join us prior to happy hour at HITS (Horses in the Sun), Washington Ave. in Saugerties. Free Admission.

We will be wandering around the picturesque grounds an hour or so before we gather at **Stella's Station outside patio**, 150 Partition Street Saugerties.

For those who want to venture for some fine Dining after, Diamond Mills will be offering a affordable Dinner Buffet for the first Friday. Take in the beautiful Water Falls for the backdrop.



**24 Terrapin**, 6426 Montgomery Street, Rhinebeck.

## Upcoming Events

Check for last minute changes on our Website at [trailsweepers.org/calendar.html](http://trailsweepers.org/calendar.html)

### Regular Meetings:

At 7:30 PM on 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month at TONY'S PIZZERIA, 582 Broadway, Kingston. On the 4<sup>th</sup> Tuesday of the months of June, July and August.

### August

4 Annual HVSC Garden Party at Frank Van Zanten's place in Pok.  
15 A day at the Saratoga track.  
21 Kingston Point Picnic Meeting

### September

23 **Bike for Cancer Care.** Mark the date on your calendar. More club info in September Newsletter. [www.bikeforcancer.org](http://www.bikeforcancer.org)

30 First Hike and Picnic