



Volume 70, Issue V

Trail Sweepings

The Newsletter of the
Trailsweepers Snow & Sports Club, Inc.

September 2020

www.trailsweepers.org



Ride/Run/Walk for Cancer Care is Going Virtual This Year!
Be on the TSSC Team or Donate on Our Behalf!

TSSC will again have a team participating in this worthy community event to benefit the Rosemary D Gruner Memorial Fund of the Benedictine Hospital Foundation in memory of family, friends, and deceased TSSC members such as Arlene Reynolds, who passed away this year from cancer, and John Brooks, who have battled cancer.

Due to Covid 19 virus, this year's event is being run virtually so that registrants can ride, run, or walk on their own by Sunday, Sept. 27.

In addition, as a TSSC group, for those interested who register for this event, we will be riding, running, or walking in a coordinated, yet safe way, from Dietz Stadium in Kingston on Sunday, September 13(rain date of Sunday, September 20) starting at 9 a.m. following CDC and NY Covid 19 guidelines for physical distancing and mask wearing.

To Register And/Or Donate: Using Team Page Link is easiest way to register under team and donate!

Team Page Link: <https://secure.qgiv.com/event/bfcc2020/team/865663/>

Event Home Page Link: <https://secure.qgiv.com/event/bfcc2020/>

Registration Fee: \$20.00

Donate Page Link: <https://secure.qgiv.com/event/bfcc2020/account/1002554/donate/>

Jackie's Page: (all donations to me will count under TSSC team)

<https://secure.qgiv.com/event/bfcc2020/account/1002554/>

Thank you!

Jackie, Team Captain
jaolt@gmail.com



TSSC Roster 2020-2021

Club Officers

President

Lisa Olivett 845-542-3945

Executive Vice President

Robert Fletcher 845-338-1537

Administrative Vice President

Dale Ziegenfelder 845-657-6312

Secretary – OPEN POSITION

Treasurer

David Wise 845-255-1868

Club Board of Directors

Jeff Huth 203-482-1954

Mike Griffin 914-388-7558

Steve Wingard 845-532-7459

Skip Alford 845-481-2898

Kathie Quick 845-331-7358

Committees

Membership

Karen Spinozzi 845-338-0626

Meeting 50/50

Robert Fletcher 845-338-1537

Programs

Robert Fletcher 845-338-1537

NJSSC Liaison

TBD

Ski Racing

Jim Tomassetti 845-594-9044

Discount Lift Tickets

TBD

Kayaking

TBD

Fall Hiking

Steve Wingard 845-532-7459

Media

Facebook

Carol Tomassetti 845-594-9045

Kate Henderson 518-239-6238

Trail Sweepings (Newsletter)

Daniel Desmedt 845-527-5381

Web Site: www.trailsweepers.org

Social Events

After the Holidays Party

Karen Spinozzi 845-338-0626

Fall Kickoff Party

Janet Mihm 845-246-1742

Spring Banquet

Diana Ziegenfelder 845-657-6312

Jean Pavone 518-943-3896

Mailing address

TSSC
PO Box 3061
Kingston, NY 12402-3061

Well another month has come and gone. My thoughts are with all hoping everyone is well and maintaining interesting activities safely.

President's Corner



Although, I believe the President's Corner is a bit repetitive to all the information already provided at our meeting and in the Newsletter, I sometimes hesitate and therefore, do not compose one. However, this month I could not go without drawing attention to some of the intense work that has been and continues to go on behind the scenes.

Jeff H, Jackie O and Dale Z have been working feverishly on reviewing and updating our Waivers, Event Sign-in Sheets and an additional, hopefully temporary, form/reading related to COVID-19. I have asked the first two to be done, however, they have gone above and beyond my request. Once these documents are complete, members will be notified of their availability for accessing, reviewing and use on our Website. Thank you Jeff, Jackie and Dale.

Rob F has been another extremely active member. Rob has been in contact with several people to coordinate an interesting Program Schedule for the Fall beginning on Sept 8. Each month you will be able to see what program is scheduled for each meeting through Nov. Again, simply access our Newsletter and/or Website for this information. I will also continue to send information regarding the programs with my meeting email reminders.

Steve W has been working on our Hike Schedule. For those of you who are interested in leading a hike this Fall, please contact Steve as soon as possible so it can be placed on our Calendar.

Although Tony's Pizza has been our meeting site for a few years, with Covid in our lives creating the issue of maintaining social distancing, Tony's is a bit small and has become difficult in the accommodating this issue. I'm asking everyone to try to come up with suggestions of a new, larger meeting location. For now, the meetings have been taking place at Freer Park in Port Ewen. Even though we are primarily a Ski Club and can endure the cold, it can prove problematic to conduct an outdoor meeting in the middle of winter. Please notify me via email if you have any suggestions.

On another note, I know it is only September, however, I believe in looking somewhat ahead. Our Club has been without a Secretary and a NJSSC Representation for Several Months. I have primarily taken over these duties. Temporarily does not pose a problem, however, it does become a bit much after an extended period. It may be presumptuous of me and although I enjoy being your President, if these positions (at least Secretary) are not assumed by someone else, I will not volunteer or accept a nomination for Club President in 2021.

Please remember, our club only continues to exist and be successful with group participation and involvement. Our 70 years of existence was accomplished through group participation. Let's keep it going.

Be Safe and Be Fit
Lisa Olivett

Minutes from Aug. 11, 2020 Meeting

By Dale Ziegenfelder

A meeting of the Trailsweepers Snow and Sports Club Board of Directors was called to order by Dale Ziegenfelder on August 11, 2020 at Freer Park Port Ewen. Present: Jeff Huth, Kathie Quick, Steve Wingard, Mike Griffin. A brief follow-up meeting was held on August 25, 2020 at Freer Park Port Ewen. Present: Jeff Huth, Mike Griffin, Skip Alford.

A Covid Virus signoff form was presented by Jeff Huth. A directive to the CDC website was deleted. The form was approved and is attached. The form is to be read to members participating in TSSC activities by the leader of the activity until the board declares it is not necessary.

The board approved revisions to the waiver presented by Jeff, subject to a review of a proposed wording consolidation. The final version is attached. The updated non-member sign-in including the new waiver is attached. The board voted not to have the entire membership sign new waivers, just those attending a meeting.

The sanction of the bike/run/walk for cancer care was approved.

Dale proposed a one season only \$10 reduction of dues to compensate for the \$900 not spent on the Spring Banquet, and ~ \$500 saved in changing insurance carriers, by amending the bylaws. Also included in the bylaw change is mention of the waiver in the membership section. The change motion below will be voted on at the October 13 meeting, as proscribed in the bylaws.

Motion to amend the bylaws to read: (changes are in red)

ARTICLE V SECTION 1 - CLUB DUES:

The club dues shall be as follows:

Individual.....\$ **20.00**

Couple. *\$ **35.00**

(* couples shall be defined as two people living at the same residence)

Dues will include all sales tax.

Section 2-BILLS:

Bills for dues shall be mailed to members on **October 15**. Dues for renewal shall be paid, in person or by date of postmark, no later than **November 1**.

On May 31, 2021 these changes above shall revert back to the wording prior to this amendment.

ARTICLE III-MEMBERSHIP

Section 1-GENERAL:

Applicants for membership shall complete an application form, **sign a GENERAL RELEASE OF LIABILITY** and submit **both** to the membership committee chairman at a regular meeting or by mail, accompanied by one year's dues. **The GENERAL RELEASE OF LIABILITY will continue in effect until the member signs a new GENERAL RELEASE OF LIABILITY or until the member discontinues his/her membership.**

Minutes from Aug. 25 Meeting

By Lisa Olivett

Lisa opened the meeting at 6:30 PM. after members were able to eat, drink and socialize with fellow members.

With no active Secretary, Lisa also took the minutes for this meeting.

The activities Board was reviewed and can be referred to on the TSSC Website, Calendar and Newsletter.

Dale Z asked to speak and present new COVID-19 document reading presentation. This was read and reviewed by Jeff H, instead of everyone present individually reading and signing an affidavit regarding COVID-19. In the future, the leaders of the meetings/events will read aloud. All this information will be forwarded in an Email and provided in our Newsletter and on our Website.

Dale and Jeff continued with discussion on our new/updated Waivers and Event Sign-In Sheets. These will also be Emailed, etc. when complete.

Lisa informed that Rob F has been working feverishly on our "Programs" which are scheduled for the Fall and will prove to be very interesting.

Jackie O spoke about the Ride/Run/Walk for Cancer Care which is going Virtual this year. Jackie has assumed the Role of Captain again and all information has already been forwarded via Email and will be in the Newsletter.

Jeff H has signed up as leader for one of our fall hikes and there will be several more scheduled. Lisa asked for those interested in leading a hike to please contact Steve W.

HVSC asked for those who are interested in the Telluride Ski Trip scheduled for Feb. 27 thru March 6, 2021, to please confirm by Sept. 1st or the trip will be canceled if a sufficient number do not commit. You can also go to the HVSC website to view additional ski activities.

The meeting was then open to the floor for discussion and/or new topics.

Meeting was adjourned at 7PM.

The meeting was reopened at 7:07PM for Dale Z to make a proposal to have a one time decrease in the membership dues. An Email will be sent out in a day or so with all information regarding the decrease, change in the By-Laws to reflect the decrease, Waiver updates and changing membership renewal deadline dates.

Meeting re-adjourned again at 7:16PM

KAYAKING IN THE COVID ERA!

By Kayak John

The first kayak trip this year was held on August 22; the day was warm and sunny. There were 14 participants paddling from Dutchman's Landing all longing and grateful to finally get out of the Covid doldrums and join in a group paddle exploring the Ramshorn Preserve.

Plan A was to paddle around Rogers Island in Catskill; however, when I saw all the foliage on the northern part of the island, I knew that would not be a fun experience trying to paddle through the thick greenery (*water chestnuts*). I decided that plan B might be a better option: the preserve!

As we started to go into the preserve, all the paddlers were treated to magnificent view of an eagle perched atop a tree only about 30 feet high. He was looking to do some fine dining as he keenly watched for any activity in the creek. He was not bothered by the kayakers below trying to photograph the majestic bird.

We continued to meander and came across a flying hawk also looking for a meal. The tide was heading south so it was decided we better turn around so that we don't get stuck pulling the kayaks over the bottom of the Hudson river. Luckily, we had just enough water at the mouth of the creek emptying into the river so that no one had to get out and pull!

As we headed back to the starting point, six paddlers decided to go up Catskill Creek and marvel at the beautiful boats dotting the shoreline of the creek. We went as far as the Uncle Sam bridge and then turned around to head back . It was a great day; everyone was happy to get out and enjoy themselves at our first kayak trip of the shortened season.

In celebration of a good day, eight of us had lunch at the Port of Call restaurant; we all went home with smiles on our faces as well as masks!

Our next scheduled and last trip of the year will be on Sept. 16, launching from Sleightsburgh Park in Port Ewen; starting at 10 am. We will be going up the creek! Yes, during a paddle; masks are optional!!

Hope to see you there. If it rains, trip is cancelled.

Happy Paddling!!

Minutes from Aug. 11, 2020 Meeting

By Lisa Olivett

The meeting was called to order by Lisa Olivett at 6:15 pm. Lisa also took the minutes for the meeting as we are still without a Secretary.

Dale Z reviewed the Board Meeting with us advising of Sanctions, Insurance Renewal with a new company, United States Fire Ins. Co (for Accident Coverage) and ACE Property and Casualty Ins. Co. (for Liability). Discussion by board members, officers and advisors has been ongoing for some time now regarding the reviewing of our Waivers and incorporating an individual COVID-19 waiver.

The Schedule of Events was reviewed including future Happy Hours provided by Janet Mihm, Programs coordinated by Rob Fletcher, Hikes by Steve Wingard and two kayak outings by "Kayak John". A reminder was given regarding all events that are in need of Sanctioning, must be done prior to Club reminder emails and notifications.

Jackie Olivett is once again going to Captain the RIDE/RUN/WALK for Cancer Care going as a Virtual Event this year schedules for Sept. 27th. Information will be posted in the September Newsletter and reminders emailed by the Club President.

It was agreed upon by the hike coordinator and members that the hikes would also be scheduled for mid-week along with weekends.

Dale suggested that the Picnic meeting be scheduled for Aug. 25th where everyone brings your own food and beverage.

Meeting was adjourned at 7:10pm.

TSSC September Meeting Programs

9/8/20 Stayin Alive: Bike Safety 101

Presented by **Nick Mercurio**, our very own tri-athlete, dual-athlete, bike racer, non-motorized transportation safety and trails advocate who has ridden 100,000+ miles over sixty years.

Nick will cover the basics of staying safe on the road, including rules of the road, behavior, technique, equipment and clothing. There will be handouts for post-presentation study.

9/22/20 Community Sustainability

Presented by: Amelia Legare, Owner & Founder of The "O Zone" in Red Hook. Amelia will facilitate a conversation on sustainability within our community.

She will introduce her business model before diving into ways that each of us can live out our health goals for ourselves and the planet.

Discussion will include identifying valuable community resources, barriers to waste free living and areas in need of improvement within our community. Come engage in this exploratory and inspirational conversation.

Kayak Paddle

By John Hoefinger

Sept. 16 10 am Put in at Sleightsburg Park travel up the Rondout creek with a paddle!

Bring all of your stuff including a mask if you are so inclined. The trips will be led by Kayak John. If there is any interest in going for lunch after the paddles, we can look for a dining establishment.

If there are questions, contact Kayak John at 518 719 0490.

Foul weather will cancel the trip with no makeup dates.



TSSC Activity Participant COVID-19 Self-Assessment

Check all Applicable:

- _____ In the last 14 days, I or someone in my household received a positive COVID-19 diagnosis.
- _____ In the last 14 days, I have been in close contact with a person with a positive diagnosis with COVID-19. Close contact means within 6 feet for more than 10 minutes.
- _____ In the last 14 days and up to the day of the scheduled activity, I have experienced any of the following – a temperature of 100°F, 37.7°C or above, cough, chills, repeating shaking with chills, diarrhea, shortness of breath/difficulty breathing.
- _____ In the last 14 days, a healthcare provider or public official has recommended or required me to quarantine for any reason related to COVID-19.
- _____ In the last 14 days I have traveled on public transportation.

I did not check any of the above. I attest that to the best of my knowledge, I do not have COVID-19 at the time of my participation in this event and understand the risks of unknowing exposure to this illness by or to myself, family members, other participants and third parties, and am feeling healthy and ready to participate in the TSSC-sponsored activity.

I attest that my agreement to the TSSC general release of liability that I signed as a component of my club membership and event participation shall also apply specifically to present or future COVID-19 exposure incurred at any time by any person in attendance or not in attendance during or after this event.

Scheduled Activity: _____

Date(s) _____

Print Name: _____

Signature: _____

Date: _____

TRAILSWEEPERS SNOW AND SPORTS CLUB GENERAL RELEASE OF LIABILITY FORM

Please Read Carefully and Sign Below

I understand that the Trailsweepers Snow and Sports Club, Inc. (hereafter the "Club") is a year-round skiing, sports and social club, which sponsors a variety of activities, including skiing, ski racing, ski instruction, camping, hiking, cycling, canoeing/kayaking, softball, and other sports and social events. I am aware that many of the Club's activities and events including but not limited to those listed above, are inherently dangerous, and involve the risk of serious injury or even death. I understand that the Club is a NY Not for Profit organization and that its members, officers, directors, committee chairpersons, committee members, representatives and instructors serve only in the capacity of volunteers. I agree that by participating in any Club-related activity or event, I am responsible for my own safety and agree that I knowingly and voluntarily assume the risks involved in any such activity or event. I agree that prior to participating, I will inspect any facilities and equipment to be used, and if I believe anything is unsafe, I will immediately advise a club officer of such condition(s) and refuse to participate. I verify that I am in generally good health and physically capable of carrying out the club activity or event in which I will participate. If I should become injured during a club-related activity or event, the Club assumes no responsibility for providing medical care and I will be responsible for paying for any medical care and/or evacuation that I may incur.

In addition, and to the fullest extent allowed by law, I agree that I will not institute or join any lawsuit or other legal action against the Club, its officers, directors, committee chairpersons, committee members, instructors, agents, representatives, servants, or assigns as a result of my participation or injury at any Club-related activity or event, whether or not due to gross negligence or intentional acts of the Club; nor will I institute or join any lawsuit or other legal action against Club members as a result of my participation or injury at any Club-related activity or event, whether or not due to gross negligence or intentional acts of the member(s), nor will I voluntarily assist anyone else in the pursuit of any such lawsuit or other legal action. I also agree to release the Club, its officers, directors, committee chairpersons, committee members, instructors, agents, representatives, servants, and assigns from any and all liability, claims, actions, suits, judgment, damages, and costs that may result by reason of my participation in or injury from any Club-related activity or event, whether any claim be caused or alleged to be caused by the gross negligence or intentional acts of the Club. I further agree to release Club members from all liability, claims actions, suits, judgment, damages and costs that may result by reason of my participation in or injury from any Club-related activity or event, whether any claim be caused or alleged to be caused by the gross negligence or intentional acts of the member(s). This Release shall bind me, my distributes, heirs, executors, representatives, successors, and assigns.

I understand and acknowledge that the Club is acting in reliance upon agreements made by me in this Release in order to extend to me the benefits of membership in the Club and/or guest participation in club activities or events and that, were I not willing to abide by the terms of this document, such membership and opportunity to participate in Club-related activities and events would not be extended to me. I further understand and acknowledge that Club members are acting in reliance upon agreements made by me in this Release in volunteering their services and, in some instances, access to their homes and that, were I not willing to abide by the terms of this document, their services and access to their homes would not be extended to me.

Code of Conduct

I understand camaraderie among the members is a crucial component of the Club's purpose and enhances the enjoyment of club activities and events by everyone. My conduct as a club member/guest impacts the public's view of the Club and the willingness of organizations to co-sponsor activities and events with the Club. As a result I agree to the following: a) I will exhibit courtesy, good behavior and show respect for fellow members/guests and other parties while on any club trip or while involved in any club-sponsored activity or event; b) I understand that offensive conduct, making threats, sexual harassment and intimidating behavior is not acceptable and will not be tolerated; c) I will obey all federal, state and local laws while participating in club related functions and the rules and authorities of establishments where functions are held; and d) I will support and promote safety at all club-related functions. I understand and accept that violations of this "Code of Conduct" can result in disciplinary action up to and including termination of membership.

Signature(s): _____

Printed Name(s): _____ Date: _____

GENERAL RELEASE OF LIABILITY FORM - TRAILSWEEPERS SNOW AND SPORTS CLUB
For Guests participating in activities/events PLEASE READ CAREFULLY

I understand that the Trailsweepers Snow and Sports Club, Inc. (hereafter the "Club") is a year-round skiing, sports and social club, which sponsors a variety of activities, including skiing, ski racing, ski instruction, camping, hiking, cycling, canoeing/kayaking, softball, and other sports and social events. I am aware that many of the Club's activities and events including but not limited to those listed above, are inherently dangerous, and involve the risk of serious injury or even death. I understand that the Club is a NY Not for Profit organization and that its members, officers, directors, committee chairpersons, committee members, representatives and instructors serve only in the capacity of volunteers. I agree that by participating in any Club-related activity or event, I am responsible for my own safety and agree that I knowingly and voluntarily assume the risks involved in any such activity or event. I agree that prior to participating, I will inspect any facilities and equipment to be used, and if I believe anything is unsafe, I will immediately advise a club officer of such condition(s) and refuse to participate. I verify that I am in generally good health and physically capable of carrying out the club activity or event in which I will participate. If I should become injured during a club-related activity or event, the Club assumes no responsibility for providing medical care and I will be responsible for paying for any medical care and/or evacuation that I may incur.

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Event/Activity Sign In

All Members and Guests (non-dues paying, friends/family of Members) are to complete the requested information and sign the attached form prior to participating in this event/activity.

Event/Activity Sign In
(continued)

As a component of their dues-paying membership, Members have already signed liability waivers. For Guests, as part of this sign in, you are acknowledging and signing the above general release of liability against TSSC. Thank you.

	Name (Print)	Signature	TSSC Club Member (Y/N)?	Date	Emergency Contact ph.
1.					
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Happy Hours this Month

A few times a month, the club members meet at an area bar or eatery. Join us for a couple of hours of libation and friendly conversation. Members usually show up after 5PM. Check for last minute changes on our Website at trailsweepers.org/calendar.html



Sept. 4 **Mariners**, 1 Broadway Kingston. Labor Day week-end Celebration.

Sept. 18 **Stella's**, 44 North Front Street, Kingston-Outside Bar & Patio.

For Sale & Flea Market

Got a ski cabin or Florida condo for rent?
Have stuff to sell or giveaway? Need help? Looking for something?
Advertise it here and on the website.

2009 Suzuki Boulevard C50

Color: Purple

Mileage : 5311

Price: \$4,500.

Description: Excellent Condition, Garage Stored, Some Accessories, including side bags and passenger seat.

Lisa Olivett
845-542-3945



Note from the editor: This is not the actual bike pictured.

X2 sit in Kayaks, one blue and one yellow with paddles. 9 feet in length.

Asking \$300 for all.

Yvonne, 845-481-2898 or yab1946@gmail.com