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## TRAILSWEEPINGS

**The Newsletter of the Trailsweepers Snow and Sport Club Inc.**

**August 2023**

**Volume 73, Issue IV**

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### President's Corner

As President of TSSC, I want to share how proud I am to be part of our amazing organization. An organization is as strong as the strength of its membership. It is evident that we have great strength in membership as well as our leadership. In this context, I am NOT referring to presidential leadership, but rather to the leadership that emanates from within our membership. Our active summer and fall schedule clearly demonstrates a vibrant organizational membership. I want to say "thank you" to the leadership of the various events and a "thank you" to the members who participated in these activities. I want to express my appreciation to Jeff Huth for his leadership in his role as Editor of our Newsletter as well as VP role and "Chief Communicator".

Enjoy the rest of the summer.

Rob

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### CLUB MEETINGS

Normally held on the second and fourth Tuesday each month with an abbreviated schedule in the summer. Note: Changes will be communicated via President's e-mail.

On **Tuesday August 8** we will hold a Board meeting at 6:30 pm followed by a Club meeting beginning at 7:30 pm.

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5:00 pm. Bring a side dish or dessert to share and beverage of your choice.

### **Meeting August 8: Sky View Mexican Restaurant**

237 Forest Hill Drive  
Kingston, NY 12401

### **Picnic Meeting August 22: Kingston Point Beach Pavillion**

102 - 144 Delaware Avenue  
Kingston, NY 12401

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### **Hudson Valley Ski Club Link**

Our "sister" club sponsors many activities that may be of interest to Trailsweepers who are not already dual members so here is a link to the HVSC website for easy reference -

<http://www.hudsonvalleyskiclub.org>

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## **FUTURE EVENTS CALENDAR**

- Tuesday **August 1** - Full Moon Kayak Paddle - 7 pm, Kingston Point
- Friday August 4, 5:30 pm - Happy Hour at Port of Call in Catskill, NY
- Sunday August 6, 10 am - Kayaking on the Esopus Creek in Saugerties
- Tuesday August 8, 6:30 pm - Board and regular Club Meetings at Sky View Mexican Restaurant
- Wednesday August 16, 10 am - Kayaking at Albany Locks/Green Island Albany, NY
- Friday August 18, 5:30 pm - Happy Hour at Coppersea Distilling New Paltz, NY
- Sunday August 20, 2:30 pm - Club outing to Tangelwood featuring the Music Center Orchestra. Additional details to follow but for questions email Lisa O. (Imm554@cs.com).
- Tuesday August 22, 5 pm - Picnic Meeting at Kingston Point
  
- Sunday **September 24** - Benedictine Health Foundation bike/run/walk fundraiser for cancer support
- Friday September 29 - Full moon Hike to Overlook Mountain Woodstock, NY
- September 30 - Annual Dues (\$ 28 per person with a \$ 2 discount for payment prior to October 1) should be sent to Membership Chair Jim Wise via - P.O. Box 3061 Kingston, NY 12402

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- Friday October 20 - Hike to Balsam Lake Mountain Fire Tower
- Tuesday **January 23, 2024** - After Holidays dinner at Frank Guido's Little Italy

**Note: If someone would be willing to organize (or help organize) a Fall season Kick-off dinner or similar event it would be much appreciated. Please inform Rob or volunteer at an upcoming meeting.**

Since events sometimes change, efforts will be made to maintain the calendar on the Club website current. To access it go the website, open the Events page and you can then view events in either the default listing format or in an optional calendar view which is available by clicking on the "square" on the right side of the page.

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## ***INFORMATIONAL PROGRAMS***

If you would like to volunteer to organize and/or deliver a program or have a specific idea or request related to a topic please contact **Rob Fletcher**, Program Chair.

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### **Ride/Run/Walk for Cancer Care (12, 25, 50 mile bike ride/5K Run/Walk) Sunday, September 24, 2023**

#### **Become a TSSC Team Participant and/or Support Our Team Via Donations!**

TSSC will again have a team (organized by Jackie Olivet) participating in the 20<sup>th</sup> year of this worthy community event to benefit the Rosemary D Gruner Memorial Fund of the Benedictine Hospital Foundation. This benefit provides funds to those in our community who are on their personal cancer journeys and because of limited means, need assistance with transportation costs or food, etc., as part of their cancer care. *All funds raised are given out locally.*

We also participate in memory of family, friends, and TSSC members who have passed away from cancer and in support of other family, friends, and TSSC members who have battled cancer and are survivors.

**To join the team and/or make a donation towards the team's goal (we are currently at**

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## **HAPPY HOURS FOR AUGUST**

### **Friday August 4, 5:30 pm:**

Frank Guido's Port of Call

7 Main Street

Catskill, NY 12414

### **Friday August 18, 5:30 pm**

Coppersea Distilling (Note: tasting room hours are 2 - 7 pm)

239 Springtown Road

New Paltz, NY 12561

## **OUTDOOR ACTIVITIES**



### **Fire Tower Hike Series**

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**Mountain** on Friday July 14. It was a quick, 4 mile out and back trip with nice views from the tower and we avoided the rain that was circling the region that day.

The DEC's Fire Tower Challenge encourages hikers to visit the 6 remaining fire towers in the Catskills. The challenge involves visiting all towers between January 1, 2023, and December 31, 2023. You do not need to climb up to the cab which are typically open when staffed by volunteers between Memorial Day and Columbus Day on weekends.

For those who complete and report their accomplishment, they will receive a letter and commemorative patch. In addition, the first 1000 to complete the challenge will receive a complementary subscription to The Conservationist magazine. For additional information visit the website at [catskillschallenge@dec.ny.gov](mailto:catskillschallenge@dec.ny.gov).

**Remaining Schedule** - to be confirmed by e-mail with additional information prior to each hike. The links below provide information on each hike:

- [Overlook Mountain](#) - Woodstock, NY - Full (Harvest) moon hike  
September 29
- [Balsam Lake Mountain](#) - Hardenburgh, NY - Friday October 20
- [Upper Esopus](#) - Mt. Tremper, NY: Note: this is not a formal hike but a stop at the Catskill Visitor Center (exhibits, nature trails) 5096 Route 28, Mt. Tremper - where they have erected a fire tower. **You can do this on your own, just record the date.**

## North/South Lake Hike and Picnic

**Sunday October 15, 10:00 am**

As there is a car entry fee we can carpool from McDonald's in Saugerties meeting at 9:15. There are numerous hiking options ranging from a walk around the lake to out and back hikes to various popular destinations with beautiful views - Artists Rock, Sunset Rock, or North Point as the usual final destination - so you can select whatever distance you are comfortable with. Bring proper hiking shoes, water and clothing.

The Club will supply Hotdogs and hamburgers/ rolls, buns and condiments. BYOB. Bring a dish to share if you would like.

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## ***"I want to ride my bicycle, I want to ride my bike ...."***

A huge Thank You to Yvonne and Skip for coordinating the Cycle to Breakfast at Bread Alone held on Sunday 8/23. It was a beautiful day and we had 16 riders.

### **Road Cycling**

The Mid-Hudson Bicycle Club sponsors Thursday evening rides originating at Dietz Stadium (170 N. Front St. Kingston) at 6 pm.

The rides are typically 25 - 35 miles in length following a variety of routes with "A" & "B" groups divided according to route length and/or average speed. Everyone is welcome.

Club Member Jim T. is the coordinator for the Thursday evening rides so let him know if you would like to be added to the e-mail list ([jtskirat@gmail.com](mailto:jtskirat@gmail.com))

### **Rail Trail Rides**

Rick F. and Nancy M. coordinate and lead Monday evening group trail rides starting at 6 pm unless otherwise communicated - typically on sections of the Wallkill Valley, Ashokan or Hudson Valley rail trails in Ulster and Dutchess County. The rides are normally followed by an informal get-together so bring a folding chair and food/beverage if you like. If not already receiving them, let Rick know if you would like to be added to the e-mail list ([rjjee@msn.com](mailto:rjjee@msn.com))

The tentative schedule and rail trail parking area meeting points as communicated by Rick (**to be confirmed via weekly e-mail**) are as follows:

**August 7** - Poughkeepsie, Page Lumber

14 - Hopewell Junction, Depot Museum

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**Sept.** 4 - Hurley, Russel Rd. and route 209  
11 - Ashokan  
18 - Kingston, Rockwell Lane  
25 - Highland, Tony Williams Park

**Note:** *These rides are coordinated by fellow Club members but are **not** sponsored by TSSC.*

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## KAYAKING

TSSC Kayaking is back again for 2023 with the next outing to be held **Sunday August 6 at 10 am in the Esopus Creek at Saugerties. (Note: this is a date change from original, master schedule)**

Keep in mind a few things to make your experience safe and fun. Bring food, water, personal flotation device, sunscreen, hat, comfortable clothes, and anything else you deem important like paddle, dry bag, camera, and a working kayak!

Arrive at the kayak site a half hour before we shove off. The times listed in the schedule, are the times we would like to start paddling. If it is raining heavily the day of the scheduled trip, then the event is cancelled.

For the complete schedule for the season, please see the [attached](#).



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There will be more details for each paddle a week before.

#### QUESTIONS:

Yvonne or Skip home phone 845-481-2898

cell - Yvonne 845-417-7144 yab1946@gmail.com

cell - Skip 845-706-9714 skipsinthewoods@gmail.com

**Note: This month Carol Fields is also coordinating a special, full-moon kayak outing on Tuesday August 1 leaving 7 pm from Kingston Point.**



### ***GET READY FOR THE SKI SEASON/TRIP OPPORTUNITIES***

#### ***SKI TRIP OPPORTUNITIES***

Despite the summer weather, winter will be here before we know it and trips for the '23/'24 season are booking so don't wait too long to make your plans. Information for TSSC affiliated organizations will be displayed here.

***New Jersey Ski & Snowboard Council*** have announced the following for 2023/'24 with additional details to be communicated in the future.

***Mt. Tremblant, Canada*** – January 28, - February 2, 2024

***Aspen/Snowmass, CO***: February 24 - March 2, 2024

***Sunday River, Maine***: March 3 - 8, 2024



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In the **Ski Trips** section of the **NJSSC** website [The New Jersey Ski & Snowboard Council](#)

**Hudson Valley Ski Club** will sponsor the following trips

**Mt. Snow, VT** - January 16 - 19 2024

**Vail, CO** - January 27 - February 3 2024

**Stowe, VT** - February 12 - 15, 2024

**Telluride, CO** - March 2 - 9 2024

**Gore Mtn., NY** - March 12 - 15, 2024

**Additional information and links for each trip can be found in the Ski Trips section of the HVSC website <http://www.hudsonvalleyskiclub.org>**

### ***Race Training for 2023/2024 season***

The race training program held at Hunter each year will begin in December 2023. It consists of 9 sessions generally on Mondays and a few Wednesdays from 10 am - 12:45 pm. It is a great way to improve your racing skills with alternate weeks of GS and Slalom gate training with a side benefit of improving the consistency of your recreational skiing.

The program is very popular and fills up quickly. There **may** be an opportunity for some new participants so if you are interested in learning more and/or thinking of participating this year you should contact program lead, Jim Tomassetti via email - [jtskirat@gmail.com](mailto:jtskirat@gmail.com)

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## ***CLUB BUSINESS***

### **Board Meeting Minutes July 11, 2023**

A meeting of the Trailsweepers Snow and Sports Club Board was called to order by Dale Ziegenfelder at Sky View. Present: Kathie Quick, Mike Griffin

Several upcoming events were sanctioned by the Board

Cycle to Breakfast on July 16

Saratoga Races on July 19

Disc Golf on July 20 .

Minutes Submitted by Dale Ziegenfelder

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Meeting called to order by President Rob Fletcher at 7:38 PM with 18 members present.

Recap of Planning Meeting:

'23-24 Lake Placid Trip Tabled (Bill Harper)

Lunch Ski with Rob at Hunter depends on new management

Zipline Ellen at Catamount Zip Tour \$99. per person and \$69. pp

Saratoga Bill H July 19 Bill had an accident so Vivian and Mike will handle it

Summer Picnic Kingston Point Beach Tuesday 8/22 5 PM Lisa and Rob

Hikes (Steve W.) Fire Tower Hike July 14, hike to Gertrude's Nose

- Need leaders, North South Lake Hike picnic 10/15/2023

Ride to Breakfast Yvonne and Skip July 16

Disc Golf Amie/Kevin 3:45 PM Kingston Point Beach

Ax throwing Carol November ?

September 24 TSSC Cancer Bike, Run, Walk Look for TSSC Page.

Jackie Olivet is the contact person.

Lisa After Holidays Party 1/23/2024 ? Little Italy

Tanglewood - Lisa O. is working on a date August 6, 13 or 20

Winery Bike Tour October Carol ?

Fall Kickoff Party ? No Leader Tabled for now

Camping Lake George No Leader

HITS Saugerties Vivian will lead July 28 9 AM

Board Meeting Report - Sanctioned Saratoga, HITS, Disc golf and

Ride to Breakfast. No club money requested.

Club Voted on a new dues structure - \$28 per person. If dues is paid by October 1, it is \$26. per person No couples discount.

Next meeting 8/8/2023

Meeting adjourned 8:32 PM

Respectfully submitted,

Kathie Quick

**Trailsweepers Club Roster 2021/2022**

(area codes 845 unless otherwise noted)

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## Club Officers

President - Rob Fletcher 338-1537, [President@trailsweepers.org](mailto:President@trailsweepers.org)

Executive VP - Jeff Huth 203-482-1954, [ExecVP@trailsweepers.org](mailto:ExecVP@trailsweepers.org)

Administrative VP - Dale Ziegenfelder 657-6312, [AdminVP@trailsweepers.org](mailto:AdminVP@trailsweepers.org)

Secretary - Donna Matthews 706-6973, [Secretary@trailsweepers.org](mailto:Secretary@trailsweepers.org)

Treasurer - David Wise 255-1868, [Treasurer@trailsweepers.org](mailto:Treasurer@trailsweepers.org)

**Club Board Members (term expir.),** [Board@trailsweepers.org](mailto:Board@trailsweepers.org)

Skip Alford (4/'25) 481-2898

Mike Griffin (4/'24) 914-388-7558

Katie Viglielmo (4/'24) 594-4358

Kathie Quick (4/'25) 331-7358

Steve Wingard (4/'24) 532-7459

## Committee Chairs

Membership - Jim Wise 914-474-1588, [Membership@trailsweepers.org](mailto:Membership@trailsweepers.org)

Programs - Rob Fletcher 338-1537

NJSSC Liaison - TBD

Ski Racing - Jim Tomasetti 594-9044

Discount Lift Tickets - TBD

Kayaking - Yvonne Baker 417-7144, Skip Alford 481-2898

Hiking - Steve Wingard 532-7459

## Media

Facebook- Jean Pavone 518-527-4670, Carol Tomasetti 594-9045

Newsletter/Website - Jeff Huth 203-482-1954, [webmaster@trailsweepers.org](mailto:webmaster@trailsweepers.org)

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After the Holidays - Lisa Olivett 542-3945

Fall Kick-off - TBD

Happy Hours - Ellen Berlin

Spring Banquet - Diana Ziegenfelder 657-6312, Karen Spinozzi 338-0626

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