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## **TRAILSWEEPINGS**

**The Newsletter of the Trailsweepers Snow and Sport Club Inc.**

**September 2023**

**Volume 73, Issue V**

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### President's Corner

TSSC has had an active summer with several successful events. We will continue to have activities that will take place this upcoming fall season. We can look forward to more kayak outings-thanks to Yvonne and Skip , hiking-thanks to Steve , biking-thanks to Rick, Nancy and Jim , potentially a fall kick-off thanks to Dave and Jeff and other fun activities.

We are back on track with scheduling programs to take place this fall. There are a couple of date modifications for the programs. Please see inside this issue of Trailsweepings for details.

In a few months, we will gear-up for the winter season and start to "Think Snow".I hope to see you all at the next TSSC event.

Rob

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### **CLUB MEETINGS**

On Tuesday **September 12** there will be a Board meeting at 6:30 pm followed by a Club meeting beginning at 7:30 pm.

On Tuesday **September 26** we will begin at 7:00 pm with a short Club business meeting followed by an Informational Program.

**Meeting Venue: Sky View Mexican Restaurant**

237 Forest Hill Drive

Kingston, NY 12401

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### **Hudson Valley Ski Club Link**

Our "sister" club sponsors many activities that may be of interest to Trailsweepers who are not already dual members so here is a link to the HVSC website for easy reference -

<http://www.hudsonvalleyskiclub.org>

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### **FUTURE EVENTS CALENDAR**

- Wednesday **September 6**, 5:00 pm Mini Golf at Ascot Park Esopus Avenue Kingston, NY
- Friday September 8 - Happy Hour at Stella's Kingston, NY
- Tuesday September 12, 6:30 pm - Board Meeting followed by regular Club meeting
- Wednesday September 13, 10:00 am. Kayaking on the Rondout, put-in at Sleightsburg
- Friday September 22 - Happy Hour at the The Kitchen at Salt and Fire Saugerties, NY
- Sunday September 24 - Benedictine Health Foundation bike/run/walk fundraiser for cancer support
- Tuesday September 26, 7:00 pm - Informational Program by Catherine Forbes
- Thursday September 28 - Full moon Hike to Overlook Mountain Woodstock, NY
- Saturday September 30, 10 am - Kayaking on Moodna Creek, New Windsor, NY
- September 30 - Annual Dues (\$ 28 per person with a \$ 2 discount for payment prior to October 1) should be sent to Membership Chair Jim Wise via - P.O. Box 3061 Kingston, NY 12402

- Friday October 20 - Hike to Balsam Lake Mountain Fire Tower
- Tuesday October 24 - Board and Regular monthly meeting **including vote on annual budget**
- Tuesday **November 21** - Board/Regular meeting and Informational Program
- Tuesday **January 23, 2024** - After Holidays dinner at Frank Guido's Little Italy

Since events sometimes change, efforts will be made to maintain the calendar on the Club website current. To access it go the website, open the Events page and you can then view events in either the default listing format or in an optional calendar view which is available by clicking on the "square" on the right side of the page.

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## ***INFORMATIONAL PROGRAMS***

On Tuesday **September 26**, Catherine Forbes will present a Program entitled "[News and Insights from the Ecosystem](#)". What's killing the largest trees in the tropics? What can grasshoppers do for you? What's so special about the Ice Cream Bean Tree? Catherine will speak about the research of Cary Institute's newest ecosystem scientists as they answer questions you never knew you had.

Catherine, a Club Member, is the Senior Director of Advancement at Cary Institute of Ecosystem Studies in Millbrook. She holds an MPA from Seattle University and serves on the boards of Grace Smith House and Children's Home of Poughkeepsie.

### Future Programs:

**Oct 10 "Substance Problem in Our Community"**. Presented by Patrick Carroll from the Ulster County Sheriff's Office.

**Nov 21 (Note: this will take place the third week of the month)**

**"Fitness for the Senior Age Athlete"**. Presented by Zack Fletcher, Founder of Mind-Body- Climb.

If you would like to volunteer to organize and/or deliver a program or have a specific idea or request related to a topic please contact **Rob Fletcher**, Program Chair.

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(Events start at the Freeman Building - 79 Hurley Avenue - this year due to the work at Dietz Stadium)

### **Become a TSSC Team Participant and/or Support Our Team Via Donations!**

TSSC will again have a team (organized by Jackie Olivet) participating in the 20<sup>th</sup> year of this worthy community event to benefit the Rosemary D Gruner Memorial Fund of the Benedictine Hospital Foundation. This benefit provides funds to those in our community who are on their personal cancer journeys and because of limited means, need assistance with transportation costs or food, etc., as part of their cancer care. *All funds raised are given out locally.*

We also participate in memory of family, friends, and TSSC members who have passed away from cancer and in support of other family, friends, and TSSC members who have battled cancer and are survivors.

**We have recently achieved the initial (modest) team goal of \$ 1000 but you can continue to donate to this worthy cause and/or join the team as a participant for the next few weeks. As a point of reference, last year the Club raised over \$ 2400 for local support of cancer patients.**

**To join the team and/or make a donation towards the team's goal you can use the link below.**

<https://secure.ggiv.com/event/bfcc2023/team/929116/>



***HAPPY HOURS FOR SEPTEMBER***

Kingston, NY 12401

Friday **September 22 - The Kitchen at Salt & Fire (\$5 beers on Friday nights)**

124 Partition Street  
Saugerties, NY 12477

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## **OUTDOOR ACTIVITIES**



### **Fire Tower Series**

The DEC's Fire Tower Challenge encourages hikers to visit the 6 remaining fire towers in the Catskills. The challenge involves visiting all towers between January 1, 2023, and December 31, 2023. You do not need to climb up to the cab which are typically open when staffed by volunteers between Memorial Day and Columbus Day on weekends.

The next hike in the series will be a [Full \(Harvest\) Moon hike to Overlook Fire Tower - Thursday evening September 28, 2023.](#) (Note: If the weather/visibility look better a day or two earlier/later we may move the date)

Hike will begin at 6:00 pm at the trailhead parking area on Meads Mountain road. The hike is 4.6 miles RT, with a 1,391' elevation gain and is a steady climb up an old carriage trail.

A flashlight (headlamps are a nice hands-free option) is required along with proper hiking shoes and water.

carpool. Please let Steve know if you plan to attend via email - s.wingard@hotmail.com or call/text at 914-532-7459.

For those who complete and report their accomplishment, they will receive a letter and commemorative patch. In addition, the first 1000 to complete the challenge will receive a complementary subscription to The Conservationist magazine. For additional information visit the website at [catskillschallenge@dec.ny.gov](mailto:catskillschallenge@dec.ny.gov).

**Remaining Schedule** - to be confirmed by e-mail with additional information prior to each hike. The links below provide information on each hike:

- [Balsam Lake Mountain](#) - Hardenburgh, NY - Friday October 20
- [Upper Esopus](#) - Mt. Tremper, NY: Note: this is not a formal hike but a stop at the Catskill Visitor Center (exhibits, nature trails) 5096 Route 28, Mt. Tremper - where they have erected a fire tower. **You can do this on your own, just record the date.**

### **North/South Lake Hike and Picnic** **Sunday October 15, 10:00 am**

As there is a car entry fee we can carpool from McDonald's in Saugerties meeting at 9:15. There are numerous hiking options ranging from a walk around the lake to out and back hikes to various popular destinations with beautiful views - Artists Rock, Sunset Rock, or North Point as the usual final destination - so you can select whatever distance you are comfortable with. Bring proper hiking shoes, water and clothing.

The Club will supply Hotdogs and hamburgers/ rolls, buns and condiments. BYOB and a side dish or dessert to share if you like.



***"I want to ride my bicycle, I want to ride my bike...."***

September

### **Road Cycling**

The Mid-Hudson Bicycle Club sponsors Thursday evening rides originating at Dietz Stadium (170 N. Front St. Kingston) at 6 pm.

The rides are typically 25 - 35 miles in length following a variety of routes with "A" & "B" groups divided according to route length and/or average speed. Everyone is welcome.

Club Member Jim T. is the coordinator for the Thursday evening rides so let him know if you would like to be added to the e-mail list ([jtskirat@gmail.com](mailto:jtskirat@gmail.com))

### **Rail Trail Rides**

Rick F. and Nancy M. coordinate and lead Monday evening group trail rides starting at 6 pm unless otherwise communicated - typically on sections of the Walkkill Valley, Ashokan or Hudson Valley rail trails in Ulster and Dutchess County. The rides are normally followed by an informal get-together so bring a folding chair and food/beverage if you like. If not already receiving them, let Rick know if you would like to be added to the e-mail list ([rjjee@msn.com](mailto:rjjee@msn.com))

The tentative schedule and rail trail parking area meeting points (**to be confirmed via weekly e-mail**) are as follows:

- Sept.** 4 - Ashokan  
11 - Kingston, Rockwell Lane  
18 - Highland, Tony Williams Park

**Note:** *These rides are coordinated by fellow Club members but*

**Other Local Cycling Opportunities you may want to consider:**

[Tour de Kingston](#) - September 10, 2023 - Forsyth Park Kingston

[Farmland Cycling Tour](#) - September 23, 2023 - Poet's Walk Park Red Hook

[O+ Festival rides](#) - October 7 - Kingston, NY

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## KAYAKING

The next TSSC outing will be held on **Wednesday September 13** (to be confirmed by email) at the [Rondout Creek put-in at Sleightsburg Park](#) (Parsell St. Port Ewen, NY 12466) at 10 am.

Keep in mind a few things to make your experience safe and fun. Bring food, water, personal flotation device, sunscreen, hat, comfortable clothes, and anything else you deem important like paddle, dry bag, camera, and a working kayak!

Arrive at the kayak site a half hour before we shove off. The times listed in the schedule, are the times we would like to start paddling. If it is raining heavily the day of the scheduled trip, then the event is cancelled.

For the complete schedule for the season, please see the [attached](#).

There will be more details for each paddle a week before.



Yvonne or Skip home phone 845-481-2898  
cell - Yvonne 845-417-7144 yab1946@gmail.com  
cell - Skip 845-706-9714 skipsinthewoods@gmail.com



## **SKI SEASON IS COMING**

### **SKI TRIP OPPORTUNITIES**

*Trips for the '23/'24 season are booking fast so make your plans. Information for TSSC affiliated organizations will be displayed here.*

***New Jersey Ski & Snowboard Council*** have announced the following for 2023/'24 with additional details to be communicated in the future.

**Mt. Tremblant, Canada** – January 28, - February 2, 2024

**Aspen/Snowmass, CO**: February 24 - March 2, 2024

**Sunday River, Maine**: March 3 - 8, 2024

**Additional information and links for each trip when available can be found in the Ski Trips section of the NJSSC website [The New Jersey Ski & Snowboard Council](#)**

**Telluride, CO** - March 2 - 9 2024

**Eastern Trips** - Several mid-week trips are being investigated to Vermont EPIC resorts including Mt. Snow, Okemo and Stowe

**Additional information and links for each trip when available can be found in the Ski Trips section of the HVSC**

**website** <http://www.hudsonvalleyskiclub.org>

### ***Race Training for 2023/2024 season***

The race training program held at Hunter each year will begin in December 2023. It consists of 9 sessions generally on Mondays and a few Wednesdays from 10 am - 12:45 pm. It is a great way to improve your racing skills with alternate weeks of GS and Slalom gate training with a side benefit of improving the consistency of your recreational skiing.

The program is very popular and fills up quickly. There **may** be an opportunity for some new participants so if you are interested in learning more and/or thinking of participating this year you should contact program lead, Jim Tomassetti via email - [jtskirat@gmail.com](mailto:jtskirat@gmail.com)

### **Killington Early Season Race Camps**

GS: December 4 - 8

Slalom: December 9 - 10

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## ***CLUB BUSINESS***

### **DUES FOR RENEWING MEMBERS:**

TSSC club dues for returning members are to be paid by October 1 each year as follows: **Individual – \$ 28.00**. Those paying **prior to the 10/1 due date** shall be entitled to a **\$2.00 early payment discount**.

Mail your check made payable to Trailsweepers Snow and Sports Club, Inc to the following address:

TSSC Membership  
UPO Box 3061  
Kingston, NY 12402

A meeting of the Trailsweepers Snow and Sports Club was called to order by Dale Ziegenfelder at Sky View Restaurant. Present: Skip Alford, Mike Griffin, Steve Wingard , Kathie Quick, Katie Viglielmo.

A suggestion by Jeff Huth on handling and presentation of the budget was discussed and tabled for further discussion. See below. One alternative is to have budget overages handled by a percentage instead of a fixed dollar amount as is currently in the bylaws.

Jeff also raised a flag about some of the phishing emails which are created using the board and officers contact information located on the Club website. After some discussion we decided that the emails are pretty obvious, and no action needs to be taken at this time.

Submitted by D. Ziegenfelder

## **Regular Meeting**

New Activities added since planning meeting:

Mini Golf: September 6, 5pm at Ascot Park in Kingston. Prizes, Arnold Palmer cups from Masters Tournament. \$8/person

Shakespeare in the Park: Aug 25. or 27 at Comeau property in Woodstock @ 5:30 pm

Instagram: Informational Program by Kaitie Viglielmo to explain it and get people on it if they'd like to be

Agenda:

Dale reported on board meeting earlier today

Jeff Huth talked about changing the by-laws around budgeting: change language so that vote by just board members can occur, vs what we have now: full club vote. This change would allow things to run through more quickly

Scam email sent to Trailsweepers. In the future we can make password protection for the email list if necessary. For now, be aware that scam emails happen

Kayak trip: presented by Yvonne and Skip:

Cold Spring, around Constitution Island: maybe go back there

August 16 and 22: Rocks email going out

Lake George trip up in the air

Happy Hour: Coppersea Distilling in New Paltz. Discussed by Ellen. August 18, open at 2:00pm, closes at 7:00pm. Can go early

Tanglewood Concert: August 20. Proposed by Lisa earlier (absent today). To see house orchestra at 2:00pm. Car pooling can be done. Lawn seats, so bring a chair and a blanket

Picnic at Kingston Point Beach 5pm, August 22; run by Rob and Lisa. Hotdogs, burgers and condiments provided by club. Please bring a share dish. BYOB. Kayak and paddle at

to help with travel and other expenses for cancer patients locally. Link in newsletter will be coming.

Hike: Overlook Mtn. September 29 by Steve Wingard. Full moon hike. Bring your camera. Weather-dependent. Date may fluctuate. Bring night hiking gear.

Program: Rob: September 26: "News and Insights from the Ecosystem", Catherine Forbes from the Cary Institute

Saratoga: Vivienne and Mike. 10 people attended

Vote on Budget October 10. Dale. Next board meeting prep

Hike to Balsalm Lake October 20. Last of Fire Tower hikes

Fall Kick Off Dinner: who wants to co-ordinate. Dave may be interested, but needs help

Biking: Monday Trail biking with Rick and Nancy (see Trailsweepings for more info)

Road cycling on Thursdays with Mid-Hudson Bike Club: Jim T. (see Trailsweepings for more info). Leave at 6:00pm, meet at 5:00pm. Jim will be running bike rides for O+ Festival

October 7: distances: 25 miles?, 55miles?, 18 miles?, 36 miles?. Barbecue at Keegan Ale.

Ski trips: NJ Ski Council: Mt. Tremblant, Aspen, Sunday River

HVSC: Vail, Stowe, Telluride, Gore. Further info on Trailsweepers website

Other: Future Program: Steve W.: Mt. Blanc circuit hike

Bring back programs: Oct. and November, several programs in the works. Thanksgiving week program maybe by Zach F.

50/50 Raffle: Kathy Quick's daughter pulled the ticket, Skip won and he donated it back to the club

submitted by K. Viglielmo

## **Trailsweepers Club Roster 2021/2022**

(area codes 845 unless otherwise noted)

### **Club Officers**

President - Rob Fletcher 338-1537, [President@trailsweepers.org](mailto:President@trailsweepers.org)

Executive VP - Jeff Huth 203-482-1954, [ExecVP@trailsweepers.org](mailto:ExecVP@trailsweepers.org)

Administrative VP - Dale Ziegenfelder 657-6312, [AdminVP@trailsweepers.org](mailto:AdminVP@trailsweepers.org)

Secretary - Donna Matthews 706-6973, [Secretary@trailsweepers.org](mailto:Secretary@trailsweepers.org)

Treasurer - David Wise 255-1868, [Treasurer@trailsweepers.org](mailto:Treasurer@trailsweepers.org)

**Club Board Members (term expir.),** [Board@trailsweepers.org](mailto:Board@trailsweepers.org)

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Mike Griffin (4/'24) 914-388-7558

Katie Viglielmo (4/'24) 594-4359

Kathie Quick (4/'25) 331-7358

Steve Wingard (4/'24) 532-7459

### **Committee Chairs**

Membership - Jim Wise 914-474-1588, [Membership@trailsweepers.org](mailto:Membership@trailsweepers.org)

Programs - Rob Fletcher 338-1537

NJSSC Liaison - TBD

Ski Racing - Jim Tomasetti 594-9044

Discount Lift Tickets - TBD

Kayaking - Yvonne Baker 417-7144, Skip Alford 481-2898

Hiking - Steve Wingard 532-7459

### **Media**

Facebook- Jean Pavone 518-527-4670, Carol Tomasetti 594-9045

Newsletter/Website - Jeff Huth 203-482-1954, [webmaster@trailsweepers.org](mailto:webmaster@trailsweepers.org)

### **Social Events**

After the Holidays - Lisa Olivett 542-3945

Fall Kick-off - TBD

Happy Hours - Ellen Berlin

Spring Banquet - Diana Ziegenfelder 657-6312, Karen Spinozzi 338-0626

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