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# **TRAILSWEEPINGS**

The Newsletter of the Trailsweepers Snow and Sport Club Inc.

July 2025 Volume 75, Issue III

## PRESIDENT'S MESSAGE

This message is to wish our TSSC members a wonderful summer season and to thank our leaders who volunteer their time to help us enjoy the summer. It is time to get out and enjoy the warm weather and engage in the activities of our choosing. TSSC offers an array of activities for us to enjoy.

I want to thank TSSC leaders who have organized events that have provided us with rich summertime opportunities. Thank you to Steve W. for coordinating the hiking, thank you to Yvonne B. and Skip A. for the paddling events. Thank you to Ellen B. for finding great places for our happy hours, thank you to Katie V. for organizing the sip and paint (postponed). Thank you to Marty N. for initiating the Speigeltent events and following up on the Solaris cruise initially proposed by Diane N. Thank you to Amie and Kevin P. for hosting the disk golf outing. (If I inadvertently left someone out, I apologize in advance).

The summer months are rich with opportunities. Let us take advantage and engage. Robbie

### CLUB MEETINGS

Normally held on the second and fourth Tuesday each month with an abbreviated schedule in the summer. Changes will be communicated via President's e-mail.

Note: this will be the only meeting in July.

Meeting Venue: Sky View Mexican Restaurant

237 Forest Hill Drive Kingston, NY 12401

## **HUDSON VALLEY SKI CLUB LINK**

Our "sister" club sponsors many activities that may be of interest to Trailsweepers who are not already dual members so here is a link to the HVSC website for easy reference - <a href="http://www.hudsonvalleyskiclub.org">http://www.hudsonvalleyskiclub.org</a>

# **FUTURE EVENTS CALENDAR**

- Tuesday July 8 6:30 pm Board and General Club meetings
- Wednesday July 9, 10 am Kayak paddle at Ramshorn-Livingston sanctuary, Catskill,
   NY
- Friday July 11, 5:30 pm Happy Hour at Hickory BBQ, Kingston, NY
- Thursday July 24, 4 pm DISC golf at Kingston Point, pizza and drinks afterwards at Sorry Charlie's
- Friday July 25, Happy Hour at Hoffman House, Kingston, NY
- Wednesday July 30, 10 am Kayaking at Norrie Point, Staatsburg
- Friday August 8 Shingle Gully Hike
- Saturday August 9, 10 am Kayak paddle at Coxsackie
- Tuesday August 12 5 pm Barbecue and Club meetings at Kingston Point Beach Park (kayaking eariler in the day).
- Thursday August 14 Bluegrass at The Bard College Spiegeltent. Contact M. Nystrom if interested.
- Wednesday August 20, 10 am Kayaking Hudson locks, Waterford to Albany
- **September** 3, 7:30 pm Solaris Sunset Boat cruise, Kingston, NY (participants purchase their own tickets).
- Monday September 8 Shingle Gully Hike
- Sunday September 21, TSSC team participation in Benedictine Health Foundation
   Walk, run, cycle event fundraiser for support of cancer patients
- Friday **October** 10 Shingle Gully Hike

Since events sometimes change, efforts will be made to maintain the calendar on the Club website current. To access it go the website, open the Events page and you can then view events in either the default listing format or in an optional calendar view which is available by clicking on the "square" on the right side of the page.

## **INFORMATIONAL PROGRAMS**

On Tuesday June 10, we enjoyed a program with background information and demonstrations entitled "Why Yoga For Skiers", delivered by Linda Sumber. The program was well received by attendees and will no doubt be re-visited next year.

A big **Thank You to Rob Fletcher** for planning and organizing these Programs on such a wide range of topics. If you would like to volunteer to organize and/or deliver a program or have a specific idea or request related to a topic please contact Rob.



## HAPPY HOURS FOR JULY

Friday July 11, 5:30 pm - Hickory BBQ

743 Route 28 Kingston, NY 12401

Friday July 25, 5:30 pm - Hoffman House

94 N. Front St. Kingston, NY 12401



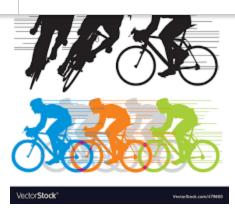
Steve Wingard and Kari Hoyt are now **certified Docent/guides for the unique Shingle Gully area** and will be leading several hikes this summer and fall on the following dates - August 18, September 8 (public hike) and October 10. If you would like to join the list for these hikes, please inform Steve.

In addition, if you would like to propose (or better yet, lead) a hike, please speak with Steve. We are fortunate to have so many local opportunities for challenging hikes in the Catskills and Shawangunks as well as more relaxing walks on rail trails and other recreational areas.

A group of 6 hiked **Table and Peekamoose** (about 9 miles RT) from Denning Road trailhead on June 12 on a warm, sunny day. We met an assistant ranger (seated) who is part of a summer program to have additional rangers deployed in various areas of the Catskills to cut down on response times in the event of an emergency. (photos S. Wingard)







"I want to ride my bicycle, I want to ride my bike ...."

## **Road Cycling**

The Mid-Hudson Bicycle Club sponsors Thursday evening rides originating at 79 Hurley Ave Kingston at 6 pm.

The rides are typically 25 - 35 miles in length following a variety of routes with "A" & "B" groups divided according to route length and/or average speed. Everyone is welcome.

Club Member Jim T. is the coordinator for the Thursday evening rides so let him know if you would like to be added to the e-mail list (jtskirat@gmail.com)

#### Rail Trail Rides

Rick F. coordinates and leads Monday evening group trail rides starting at 6 pm unless otherwise communicated - typically on sections of the Wallkill Valley, Ashokan or Hudson Valley rail trails in Ulster and Dutchess County. The rides are normally followed by an informal get-together so bring a folding chair and food/beverage to share if you like. If not already receiving them, let Rick know you would like to be added to the e-mail list (rjjee@msn.com)

The schedule and meeting points (to be confirmed via weekly e-mail) are as follows:

July 7 Page Lumber, Poughkeepsie, paved 7/14 Hopewell Junction Station, paved 7/21 BOCEs, New Paltz, compacted gravel 7/28 Rosendale

August 4 Rockwell Lane

8/25 Tony Williams

**September** 1 Page Lumber

9/8 Hopewell

9/15 BOCEs

9/22 Rosendale

9/29 Rockwell Ln

October 6 Ashokan

10/13 Russell Rd

**Note**: These rides are coordinated by fellow Club members but are **not** sponsored by TSSC.



# **KAYAKING**

Despite some challenging weather, TSSC Kayakers have been very active in 2025 with the next outing to be held Wednesday July 9 (date change from original schedule) at Ramshorn-Livingston Sanctuary, Catskill.

Thanks to Yvonne for sharing some observations from recent paddling outings. Still plenty of time in the season to join this intrepid group.

# <u>Saugerties</u>

After two paddle cancellations due to weather, we finally had a beautiful day. The paddle from Saugerties Beach proved to be delightful. There were 6 of us, including two new members. There were three sit on top kayaks, a canoe and two kayaks. It's interesting how the crafts are changing in designs and some

so we can continue to paddle.

### Rondout Creek

One beautiful day allowing 14 paddlers to paddle up the Rondout Creek against the current and wind. A lot of history, a lot of great views, one including an eagle soaring above us not to far from the nest. The falls in Eddyville had a tremendous amount of water cascading over, providing a playground, if you were daring enough, to paddle close turn around and let the force of the current carry you back. The paddle down the creek was much quicker as the tide was still outgoing. A great day of sun followed by a get together for some food and libation.

# Great Swamp

True to form the Great Swamp once again provided challenges from almost the beginning. A few beaver dams, downed trees but easy paddling with the current. The day was pristine with blue skies with plenty of sun but not too hot. Yes, it was a long day. We had a few capsized boats. We crossed beaver dams and faced our biggest challenge being a portage through the woods due to a massive tree fall across the stream. A lot of laughs along with a lot of doubts. But forward was always the goal. Thank you to Kerry and Skip and actually everyone for letting the paddle continue through the difficult spots. Afterwards some of us went to the Carriage House for refreshments.

When kayaking, keep in mind a few things to make your experience safe and fun. Bring food, water, personal flotation device, sunscreen, hat, comfortable clothes, and anything else you deem important like paddle, dry bag, camera, and a working kayak!

Arrive at the site a half hour before we shove off. The times listed in the schedule, are the times we would like to start paddling. If it is raining heavily the day of the scheduled trip, then the event is cancelled.

For the complete schedule for the season, please see the <u>attached</u>:

There will be more details for each paddle a week before.

#### QUESTIONS:

Yvonne or Skip home phone 845-481-2898 cell - Yvonne 845-417-7144 yab1946@gmail.com cell - Skip 845-706-9714 skipsinthewoods@gmail.com











# SKI TRIP OPPORTUNITIES

Trips for the '25/'26 season are booking so don't wait too long to make your plans. Information for TSSC and affiliated organizations will be displayed here.

# **Trailsweepers**

Thanks to John Hoefinger, we are planning a TSSC-sponsored trip for the first time in several years to **Zell am See**, **Austria March 6 - 14**, **2026**. You can contact John with questions or to express your interest (kayakmann@gmail.com, 518-719-0490). Here are links to the revised <u>flyer</u> and <u>registration</u> form. Send your registration form and deposit **ASAP**.

**New Jersey Ski & Snowboard Council** have announced the following:

Mt. Tremblant Canada - February 1 - 6, 2026

Banff, Canada - February 21 - 28, 2026

Sunday River, ME - March 1 - 6, 2026

Three Zinnen Dolomites (Italy) - March 13 - 21, 2026

Additional information and links for each trip can be found in the Ski Trips section of the NJSSC website The New Jersey Ski & Snowboard Council

**Hudson Valley Ski Club** will sponsor the following trips focusing on EPIC-affiliated resorts:

Gore Mountain, NY - January 13 - 16, 2026

Mt. Snow, VT - January 26 - 30, 2026

Stowe, VT - February 9 - 13, 2026

Breckenridge, CO - February 21 - 28, 2026

section of the HVSC website <a href="http://www.hudsonvalleyskiclub.org">http://www.hudsonvalleyskiclub.org</a>

### **CLUB BUSINESS**

# **Board Meeting Minutes - June 10, 2025**

A meeting of the Trailsweepers Snow and Sports Club Board of Directors was called to order by Dale Ziegenfelder on June 10, 2025 at Sky View Restaurant. Present: Mlke Griffin, Steve Wingard, Skip Alford, Kathie Quick

Katie Viglielmo called into the meeting to report that she had acquired supplies for ~20 people for the sip & paint on June 30 at 6:00. Cost per person will be ~\$6 or more depending on attendance.

The board reviewed their member assignments for tasks and bringing food for the Almost Summer Bash on June 14 starting at noon. Because of the forecast for rain, we can purchase less than last year, as packaging allows.

The board reviewed the proposed Zell am See ski trip March 6 to 14, 2025 and voted to confirm the execution of the contract and making the \$1500 deposit.

Submitted by Dale Ziegenfelder

## **Regular Meeting**

The meeting started at 6:40 with Rob issuing the agenda noted below. 20" attendees.

Board Meeting preceded this Members meeting. Almost Summer Bash ("ASB")- Dale reported that the picnic is ready to go- Rain or shine. See below topic for further info. Bring a dish!

Spiegetlent- we now have 8 commits for the Bluegrass on 8/14; 2 for Cole on 8/8. Marty will have a signup sheet at ASB for other commits and will begin ordering tickets on 6/17 to get booths near to one another. AFTER ASB you may still go as there may be tickets available. We can still picnic together- as entertaining as the performance. Call Marty any time before the performance (845 679 8613)

Sky trip to Austria- The trip is ON and a GO. The Board passed support. John H, leader stated that there are folks that will not be skiing but will do some site-seeing. John will be visiting Innsbruck. Its 4 hours to Zermatt or Vienna. The cost is only \$2,6740 which, as Jeff H stated, is the most economical of all of the trips he has researched (a bunch). The goal is

August 12th Barbeque and meeting- Cornhole tournament, organized by Steve W was discussed at length. The tournament will be played according to "Wingard Rules" which he is developing.(?) HVSC will be invited by Jeff H via their Alan Imhoff. Paddle at noon, Cornhole at 2, Picnic at 5. Skip A and Rob F. will survey the supplies on hand and will add as needed. All parties will assist them in setup on the day of the function. Kayak Information Booth- see below.

Disk Golf on 7/24 at Kingston Point- Is on for 7/24. Amie and Kevin Parker running this event. Info to follow. Save the Date.

Solaris Solar boat Tour from the Rondout waterfront Hudson River Maritime Museum in Kingston Sept 3 is on. There are only 12 openings on the Sunset Cruise that we have chosen. There are 5 cruises that day so carfully pick the 7:30 pm run. Each party to make their own reservation via Hudson River Maritime Museum on line (hrmm.org) or phone 845 338 0071 ext. 10. \$30 p senior, \$35 for any "adults".

Financial Report- \$454.95 in checking and \$19,996.35 in savings.

Membership – 109 paid 2025 members.

Membership Directory. Jeff H discussed the list(s) to be determined. It was proposed that only active, 2025 paid members will be polled to assess interest in being included in the shared directory to include email address and phone #. In addition the Club email and Newsletter distribution lists will be culled to include only individuals who were active in 2025 and 2024.

Hiking- Steve W noted will lead a hike on Thursday (6/11)- 10 miles to Table and Peekamoose. This fall, on 10/12, will be the North/ South Lake hike and picnic.

Yvonne B is working on a Bike to Brunch on the Ashokan. Info to be sent.

Kayak- Thursday 6/12 is a makeup date for the Great Swamp launch. To car pool meet at the park and ride on 9W & 299 at 800am. For those not carpooling please be there by 9:15-9:30. Paddle at 10. Once there we will do a car drop off to the takeout point. This is an ALL day in the water paddle. The current through the swamp makes this an easy paddle with meandering turning a lot of wild life and just a beautiful day.

10 AM launch at ASB which will also feature, from 12;30 on, a Kayak Information Tent run by Marshall Seddon of River Connection- all you need to know about kayaking from the expert. Equipment and answers to any and all questions. Great for new or established Kayakers. No sales but try a kayak.

The Kayak Instructional day of 6/28 is a go with enough participants. Time TBD. There are still 3 openings. Seddon will be the host at his HR cove in Hyde Park. For all kayakers, new

Working on details of post Labor Day mid-week camping and motel accommodations trip to Lake George on September 26th. Details to be developed. Contact Yvonne at 518 929 6173 if you are interested.

Media- No Report. There was a hearty round of applause for the work of Jeff Huth for his work on communications. Thanks Jeff!!!!

Programs- Rob called for ideas about what members would be interested in. He suggested a book signing event with the illustrator of a recent book on The Ashokan Reservoir. Good response. Details to follow.

The meeting adjourned with the Yoga Program following.

Linda Sumber, 20-year Yoga Instructor lead the attendees (all) in a wonderful session showing what poses relate to Skiing. Balance, breathing, etc. Very well received-even by non-yogis! Fun.

The session concluded at 7:55. Minutes by M. Nystrom

# **Trailsweepers Club Roster 2025/2026**

(area codes 845 unless otherwise noted)

### Club Officers

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President - Rob Fletcher 338-1537, President@trailsweepers.org

Executive VP - Jeff Huth 203-482-1954, ExecVP@trailsweepers.org

Administrative VP - Dale Ziegenfelder 657-6312, AdminVP@trailsweepers.org

Secretary - Martin (Marty) Nystrom, 679-8613 Secretary@trailsweepers.org

Treasurer - Karen Spinozzi 338-0626

Club Board Members (term expir.), Board@trailsweepers.org

Skip Alford (4/'27) 481-2898
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914-388-7558

Katie Viglielmo (4/'26) 594-4359
Kathie Quick (4/'27) 331-7358

Mike Griffin (4/'26)

### Committee Chairs

Membership - Jim Wise 914-474-1588, Membership@trailsweepers.org

Programs - Rob Fletcher 338-1537

NJSSC Liaison - Steve Ahladas 337-9317

Ski Racing - Jim Tomasetti 594-9044/Dale Ziegenfelder 657-6312

Discount Lift Tickets - Steve Ahladas 337-9317

Kayaking - Yvonne Baker 417-7144, Skip Alford 481-2898

Hiking - Steve Wingard 532-7459

#### Media

Facebook- Jean Pavone 518-527-4670, Carol Tomasetti 594-9045

Newsletter/Website - Jeff Huth 203-482-1954, webmaster@trailsweepers.org

### Social Events

After the Holidays - Lisa Olivett 542-3945

Fall Kick-off - TBD

Happy Hours - Ellen Berlin

Spring Banquet - Diana Ziegenfelder 657-6312

