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TRAILSWEEPINGS

The Newsletter of the Trailsweepers Snow and Sport Club Inc.

September 2025

Volume 75, Issue V

PRESIDENT'S MESSAGE

The unofficial end of summer is here, Labor Day. I want to wish each of you a healthy and joyous change of season. As we move toward the fall season, many of us are planning our ski/snowboard trips. Even though I love the summer months, I am looking ahead to the ski season.

The TSSC leadership continues to step up to the plate. A thank you goes out to Steve W. for his efforts in setting up the hiking events. Yvonne B and Skip A. have been doing a great job leading the kayaking trips. Ellen B. has been arranging the Happy Hours for our fun filled bi-monthly social times. A big acknowledgment to Jeff H. who has been doing a stellar job at both our editor of Trailsweepings and our website master. The Board, headed by Dale Z. and the Chairs of our committees are doing a noteworthy job in the governance of TSSC.

These individuals as well as others represent our volunteer workforce. On behalf of TSSC, I say "Thank you very much for all of your contributions".

Robbie

CLUB MEETINGS

Normally held on the second and fourth Tuesday each month with an abbreviated schedule in the summer. Note: Changes will be communicated via President's e-mail.

9, there will be a Program delivered by Jeff Senterman of the Catskill Center at 7 pm.

On **Tuesday September 23** there will be a Board meeting at 6:30 pm followed immediately by a Club meeting.

Meeting Venue: Sky View Mexican Restaurant

237 Forest Hill Drive

Kingston, NY 12401

Hudson Valley Ski Club Link

Our "sister" club sponsors many activities that may be of interest to Trailsweepers who are not already dual members so here is a link to the HVSC website for easy reference -

<http://www.hudsonvalleyskiclub.org>

FUTURE EVENTS CALENDAR

- Wednesday **September 3**, 6:00 pm - Solaris Sunset Boat cruise, Kingston, NY (for participants who have purchased tickets - **note time change**).
- Friday September 5, 5:30 pm - Happy Hour at Kingston Standard Brewing
- Monday September 8 - Shingle Gully Hike
- Tuesday September 9, 7:00 pm - Informational Program by Jeff Senterman, Executive Director Catskill Center
- Friday September 12, 5:30 pm - Happy Hour at Maggie Mae's
- Friday September 19, 5:30 pm - Happy Hour at Rondout Yacht Basin
- Sunday September 21, - TSSC team participation in Benedictine Health Foundation Walk, run, cycle event fundraiser for support of cancer patients
- Tuesday September 23, 6:30 pm - Board and Regular Club meeting
- Friday September 26, 5:30 pm - Happy Hour at Brickmen Kitchen and Bar
- Friday **October 10** - Shingle Gully Hike
- Sunday October 12, 10 am - Annual Hike and Picnic at North/South Lake
- Saturday **November 22**, Dinner/Dance with HVSC at Stonehedge in West Park, NY

Since events sometimes change, efforts will be made to maintain the calendar on the Club website current. To access it go the website, open the Events page and you can then view

Start of the Ski Season Dinner/Dance
Saturday November 22: Stonehedge Restaurant, West Park, NY

Make your plans for the **"Start of the Ski Season" party with Hudson Valley Ski Club members Saturday November 22 at 6 pm**. The meal offering is a served dinner including soup, salad, rolls/butter, 3 entree choices (vegetarian option available on request), soft drinks, dessert, and tea/coffee. There will also be a cash bar and music by DJ Andre.

The cost will be \$ 50 per person. There is an upper limit of 120 people, and we need to communicate final numbers and entree choices ahead of the event, so be sure to secure your place ASAP. **Entree choices (email to follow) and check made out to Trailsweepers or TSSC should be sent prior to November 7 to:**
Jeff Huth - 9 Amy Court Kingston, NY 12401.

On **Tuesday September 9**, Jeff Senterman, Executive Director of the Catskill Center, will return to present a program on a range of topics relevant to all of us who enjoy living so close to the Catskills. He will cover the 2025/26 budget "wins" for the Catskills Forest Preserve, the management processes related to the formerly Trailless Peaks and Kaaterskill Clove and speak about Catskill Center's work in the last year including a new parcel added to the Platte Clove Preserve. He will also answer any questions folks may have about Catskills issues.

Future Programs:

- Jeff Wood, who has now traveled to FIFTY-ONE of the national parks, will give a presentation on some of his experiences at the November 11th meeting.
- At the December 9 meeting, Gio Holmquist from The Pro Ski and Ride in Hunter will present a program on new developments in boot and ski technology design.
- Dale Z. will do a program on Boot Alignment at the 1st meeting of January (1/13/26!)
- Jim T. will present a program on some aspect of cycling in the Spring.

If you would like to volunteer to organize and/or deliver a program or have a specific idea or request related to a topic please contact **Rob Fletcher**, Program Chair.



HAPPY HOURS FOR SEPTEMBER

Friday September 5, 5:30 pm - Kingston Standard Brewing

22 Jansen Avenue Kingston, NY 12401

Friday September 12, 5:30 pm - Maggie Mae's

215 Huguenot St. New Paltz, NY 12561 (Next to Garvan's/New Paltz Golf Course)

102 1st St. Connelly, NY 12417

Friday September 26, 5:30 pm - Brickmen Kitchen and Bar

47 North Front St. Kingston, NY 12401

Great Time at the Bard College Spiegeltent - August 14, 2025

We had 13 Trailsweepers and 3 "wild cards" attend a really nice evening at the Tent. At 4, we met for drinks, snacks and tales about all who were not there! At 6 we entered the tent to hear some "Almost Bluegrass" as the performers described their music, which was GREAT! We ate good food and giant pretzels. We drank, danced and found that we could 'squeeze" into two booths. (Summary and photos by organizer M. Nystrom).



Ride/Run/Walk for Cancer Care (12, 25, 50 mile bike ride/5K Run/Walk) Sunday, September 21, 2025

[Events start at the O & W Building on the Rail Trail - 79 Hurley Avenue, Kingston.](#)

Become a TSSC Team Participant and/or Support Our Team Via Donations!

TSSC will again have a team (organized by Jackie Olivet) participating in the 22nd year of this worthy community event to benefit the Rosemary D Gruner Memorial Fund of the Benedictine Hospital Foundation. This benefit provides funds to those in our community who are on their personal cancer journeys and because of limited means, need assistance with transportation costs or food, etc., as part of their cancer care. *All funds raised are given out locally.*

We participate in the memory of family, friends, and TSSC members who have passed away from cancer and in support of other family, friends, and TSSC members who have battled cancer and are survivors.

on the link below and use the instructions that follow:

<https://bikeforcancer.org/>

- Click on "Register Today" via the orange button on the middle of the page
- Scroll down to the "Top Teams" section on the left side of the page and you will find the Trailsweepers link
- Click on the team name and the fundraising page appears
- You can then "Join My Team" using the highlighted button under Jackie's name and/or make a donation.

OUTDOOR ACTIVITIES



Steve Wingard and Kari Hoyt are now **certified Docent/guides for the unique Shingle Gully area near Ellenville**. Steve and Kari will be leading hikes on **September 8 (public hike) and October 10**. If you would like to join the list for these hikes, please inform Steve. While not particularly long or with a significant elevation gain, you should be prepared for several somewhat challenging "scrambles and bushwhacks" and be comfortable walking along steep drop-offs. For the public hike on September 8, it will be necessary to pre-register. The link will be distributed via email.

Hold the Date for the annual North/South Lake hike and picnic on Sunday October 12 at 10 am.

If you would like to propose (or better yet, lead) a hike, please speak with hiking chair, Steve Wingard. We are fortunate to have so many local opportunities for



"I want to ride my bicycle, I want to ride my bike"

Road Cycling

The Mid-Hudson Bicycle Club sponsors Thursday evening rides originating at The O & W Building on the rail trail (79 Hurley Avenue Kingston) starting at 5:30 pm now that the daylight is shorter.

The rides are typically 25 - 35 miles in length following a variety of routes with "A" & "B" groups divided according to route length and/or average speed. Everyone is welcome.

Club Member Jim T. is the coordinator for the Thursday evening rides so let him know if you would like to be added to the e-mail list (jtskirat@gmail.com)

Rail Trail Rides

Rick F. coordinates and leads Monday evening group trail rides starting at 5 pm this time of year unless otherwise communicated - typically on sections of the Wallkill Valley, Ashokan or Hudson Valley rail trails in Ulster and Dutchess County. The rides are normally followed by an informal get-together so bring a folding chair and food/beverage if you like. If not already receiving them, let Rick know if you would like to be added to the e-mail list (rjlee@msn.com)

The tentative schedule and rail trail parking area meeting points as communicated by Rick **(to be confirmed via weekly e-mail)** are as follows:

September 1 Page Lumber/Route 55

9/22 Binnewater lot Rosendale

9/29 Rockwell Lanen

October 6 Ashokan

10/13 Russell Rd -

Note: *These rides noted above are coordinated by fellow Club members but are **not** sponsored by TSSC.*

"Cycle to Lunch"

A cloudy day due to the fires in Canada but a perfect day for cycling. Leaving the Ashokan parking lot in West Hurley 17 of us rode to the kiosk on Rt 28.

From there our fearless leader of road riding, Steve Fine, led us .6 miles up Rt 28 to LJ's Mexican restaurant. A fun time was had by all and it's always good to see everyone. Stay tuned for the next ride to EAT! Thanks to all that showed up and to those that couldn't and let us know.

Ride On,

Skip and Yvonne

(Summary and photos Yvonne B.)





KAYAKING

TSSC Kayaking has been going full tilt this year. The next outing is a **kayak/camping trip to Lake George starting Friday September 5.**

Keep in mind a few things to make your experience safe and fun. Bring food, water, personal flotation device, sunscreen, hat, comfortable clothes, and anything else you deem important like paddle, dry bag, camera, and a working kayak! Arrive at the kayak site a half hour before we shove off. The times listed in the schedule, are the times we would like to start paddling. If it is raining heavily the day of the scheduled trip, then the event is cancelled.

Details for each paddle are provided a week before via email.

QUESTIONS:

Yvonne or Skip home phone 845-481-2898

cell - Yvonne 845-417-7144 yab1946@gmail.com

cell - Skip 845-706-9714 skipsinthewoods@gmail.com

For those of us not able to join, thanks to Yvonne for providing the following highlights of recent outings:

Norrie Point

There may have been only seven of us, but the Hudson was magnificent. The river was like glass other than the wake left by passing boats, a barge and the Kingston site-seeing cruise ship. We paddled north to the Esopus lighthouse. Yes, it was hot, but we managed to stay along the shore in the shade when we could. There was a fee for launching but NOT for seniors. YEA. Then on to Fosters in Rhinebeck for a little air conditioning, food and libation.

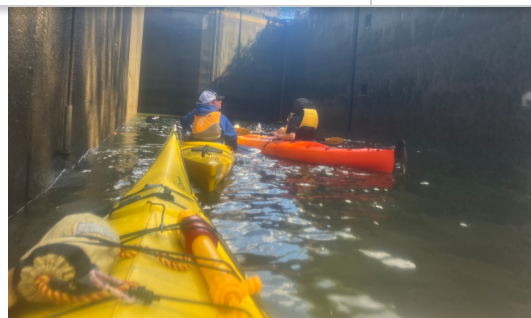
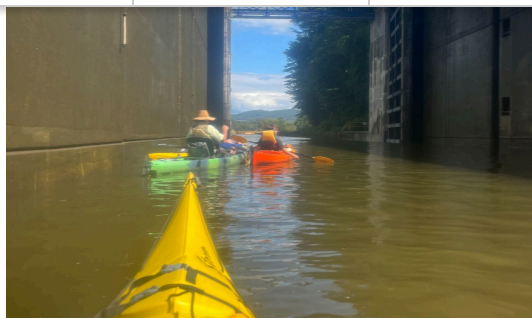
and then further north before returning. Nature was at its best, kingfishers, eagles, osprey (a pair with fledglings) blue heron, deer on the riverbanks, turtles, fish jumping. Everyone and everything seemed happy. The waterfront improvements in Coxsackie are amazing. It's a delight to see these areas being used again and rejuvenated.

Waterford Locks

Due to the cancelation of last week's kayak because of the weather (we would have had 12) we ended up with six/two of whom were Skip's grandchildren ages 13 and 15! Arriving, getting all geared up and to the 1st lock all good and then a RED light! Apparently, they had a diver in the water doing maintenance. and the locks were closed. Soooooooo we paddled through a small marsh area spotting an eagle, egret and heron. Then back to the launch site as it had started to sprinkle. Three stayed there while three others paddled toward the red twin bridges on the north way but before getting to the bend of approaching the bridges it started to rain harder and became quite windy, so we also headed back to the launch. Our persistence of waiting finally paid off. Around 2 o'clock the locks were opened. The weather turned bright and sunny. Onward we paddled as everyone was in awe of the whole lock system. So, the day turned out perfectly. It's always great to have a little adventure along the way.

(Photos below - Norrie Point, Coxsackie, Waterford Locks X 2 - Yvonne B. and Marty N.)





SKI SEASON IS COMING/TRIP OPPORTUNITIES

SKI TRIP OPPORTUNITIES

Trips for the '25/'26 season are booking so don't wait too long to make your plans. Information for TSSC and affiliated organizations will be displayed here.

Trailsweepers

There is still an opportunity to join the TSSC-sponsored trip to **Zell am See, Austria March 6 - 14, 2026**. You can contact John H. with questions or to express your interest (kayakmann@gmail.com, 518-719-0490). Here are links to the [flyer](#) and [registration](#) form. **Send your registration form and deposit ASAP.**

New Jersey Ski & Snowboard Council have announced the following:
Mt. Tremblant Canada - February 1 - 6, 2026 **(Trip now closed with 159**

Sunday River, ME - March 1 - 6, 2026 (**Booking fast but still some openings**)

Three Zinnen Dolomites (Italy) - March 13 - 21, 2026

Additional information and links for each trip can be found in the Ski Trips section of the NJSSC website [The New Jersey Ski & Snowboard Council](http://www.newjerseyskiandsnowboardcouncil.org)

Hudson Valley Ski Club will sponsor the following trips focusing on EPIC-affiliated resorts:

Gore Mountain, NY - January 13 - 16, 2026

Mt. Snow, VT - January 26 - 30, 2026

Stowe, VT - February 9 - 13, 2026

Breckenridge, CO - February 21 - 28, 2026

Park City, UT - March 7 - 14, 2026

Additional information and links for each trip can be found in the Ski Trips section of the HVSC website <http://www.hudsonvalleyskiclub.org>

CLUB BUSINESS

DUES FOR RENEWING MEMBERS:

TSSC club dues for returning members are to be paid by October 1 each year as follows. **The cost for each member is \$ 28.00 and those paying prior to the 10/1 due date shall be entitled to a \$2.00 early payment discount.**

Mail your check made payable to Trailsweepers Snow and Sports Club, Inc to the following address:

TSSC Membership
UPO Box 3061
Kingston, NY 12402

Board Meeting Minutes - August 12, 2025

A meeting of the Trailsweepers Snow and Sports Club Board of Directors was called to order by Dale Ziegenfelder at Kingston Point Beach. Present: Steve Wingard, Skip Alford, Katie Viglielmo, Kathie Quick.

The Fall kickoff dinner dance at Stone Hedge on November 22 was approved. The board approved getting proposals for electronic membership recording and dues payment.

Submitted by Dale Ziegenfelder

The meeting was held toward the end of the Summer Picnic at Kingston Point with over 40 in attendance. Rob thanked Jeff H., Skip A. and Steven W. for their work on the picnic and noted Steve's providing the big 8 burner grill that we all enjoyed burgers and hot dogs from.

Board

Dale Z stated that the Board, who had met during the event, had sanctioned the fall dinner/dance at Stonehedge for 11/22/25. Save the date with info to follow.

He further stated that the Board is looking into electronic dues payment to ease the paperwork and improve efficiency.

Financial- Karen S, Treasurer stated that there is \$486 in checking and \$27,720 in savings. She announced that she would soon be giving up the post and asked for volunteer to take up the reins. If interested, Contact Rob.

Membership- Jim W note that there are 114 members. Kathy A. is working on an internal TSSC membership directory. The first step will involve sending out an email to current, paid members to solicit interest in being included.

Hiking- Steve W. is working on a list of easier hikes but do remember the big one for all levels of talent at North/South Lake in the fall and three upcoming hikes to Shingle Gully.

Cancer Care Walk/ Bike- Jackie O. announced that the Kingston Cancer Care event will be held on September 21st. The Trailsweepers fundraising goal is \$1,000. Jeff Huth will send out reminders including the link and instructions for joining the team and/or donating.

Kayaking- Skip Alford asked for a special call out for Yvonne for her leadership in this sport. The launch from Cossackie had a short list of paddlers but oodles of great wildlife sightings. Perfect weather. There were 13 participants on the water for this picnic event. Marshall Seddon of River Connection was kind enough to offer an event tent with all kinds of information and 3 special kayaks to review. Thanks to Marshall who also ran the recent Instructional Day. Consider River Connection in Hyde Park for any of your kayak needs- including new and used boats and any and all equipment needs.

The next Kayak event is the Albany Locks on August 20. Yvonne will send out instructions on 8/13- car van from the Kingston Park and Ride at 8am on 8/20.

Friday Night Happy Hours - Ellen B. announced that this week's event (8/13) will be at Mariners Harbor instead of the previously announced Brickmen location.

Shakespeare Event in Woodstock August 24th- Diana and Dale Z are kind enough to offer a pre-play get together at their place- 85 High Rocks Road, Woodstock from 3-5pm. Then- 10 minutes away- to the free "Three Merry Wives of Windsor" play- 5:30 the Woodstock Town offices on Comeou Drive. Use birdonacliff.org for play details. Post performance hang out on the lawn.

Rob concluded the meeting after condolences to Rudy F. on the loss of his wife Ann

Trailsweepers Club Roster 2025/2026

(area codes 845 unless otherwise noted)

Club Officers

President - Rob Fletcher 338-1537, President@trailsweepers.org

Executive VP - Jeff Huth 203-482-1954, ExecVP@trailsweepers.org

Administrative VP - Dale Ziegenfelder 657-6312, AdminVP@trailsweepers.org

Secretary - Martin (Marty) Nystrom, 679-8613 Secretary@trailsweepers.org

Treasurer - Karen Spinozzi 338-0626

Club Board Members (term expir.), Board@trailsweepers.org

Skip Alford (4/'27) 481-2898

Mike Griffin (4/'26) 914-388-7558

Katie Viglielmo (4/'26) 594-4359

Kathie Quick (4/'27) 331-7358

Steve Wingard (4/'26) 532-7459

Committee Chairs

Membership - Jim Wise 914-474-1588, Membership@trailsweepers.org

Programs - Rob Fletcher 338-1537

NJSSC Liaison - Steve Ahladas 337-9317

Ski Racing - Jim Tomasetti 594-9044/Dale Ziegenfelder 657-6312

Discount Lift Tickets - Steve Ahladas 337-9317

Kayaking - Yvonne Baker 417-7144, Skip Alford 481-2898

Hiking - Steve Wingard 532-7459

Facebook- Jean Pavone 518-527-4670, Instagram Katie Viglielmo

Newsletter/Website - Jeff Huth 203-482-1954, webmaster@trailsweepers.org

Social Events

After the Holidays - Lisa Olivett 542-3945

Fall Kick-off - TBD

Happy Hours - Ellen Berlin

Spring Banquet - Diana Ziegenfelder 657-6312

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