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## **TRAILSWEEPINGS**

**The Newsletter of the Trailsweepers Snow and Sport Club Inc.**

**February 2026**

**Volume 75, Issue X**

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### ***PRESIDENT'S MESSAGE***

I returned home after a three-week vacation skiing whistler in BC and Lake Tahoe CA. My son and his family live in Lake Tahoe, so the trip was special for me. Because of the snowstorm forecast, I came home a day earlier than expected and that was a good decision. On Sunday and into Monday, there was a 22-inch dump at my house in West Hurley. So, whether you alpine ski, snow board, Nordic ski, snowshoe, or winter hike, your opportunity to enjoy this wonderful snow is NOW. Let's take advantage and venture outside and revel in the snow.

We have several great programs lined up which are listed in this issue of Trailsweepings. Do you remember skiing at Highmount? This ski area was The TSSC place to ski back in the day. Our own Dale Z. will show a short film on Highmount at our meeting on Feb 10th at 7:00. Please bring pictures, memories, and stories about your experience at Highmount.

I want to wish you all a great February during this snow filled month in the beautiful Catskill Mountains.

Robbie

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### **CLUB MEETINGS**

On **Tuesday February 10** there will be a Board meeting at 6:30 followed by a short Club business meeting and Informational Program.

On **Tuesday February 24** there will be a meeting at 7:00 pm

**Meeting Venue: Sky View Mexican Restaurant**

237 Forest Hill Drive  
Kingston, NY 12401

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### **Hudson Valley Ski Club Link**

Our "sister" club sponsors many activities that may be of interest to Trailsweepers who are not already dual members so here is a link to the HVSC website for easy reference -

<http://www.hudsonvalleyskiclub.org>

**FYI - HVSC has announced a non-skiing, "Island Hopper" trip to Greece in September (18 - 28), 2026. Information is on their website.**

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### **FUTURE EVENTS CALENDAR**

- Friday **February 6** - Ski Club Discount Day at Plattekill
- Friday February 6, 5:30 pm - Happy Hour at Union St. Brewing Taproom in Kingston
- Sunday February 8 - Ski Club Discount Day at Plattekill
- Tuesday February 10, 6:30 - Board/Regular Club meetings and Program
- Friday February 20, 5:30 pm - Happy Hour at Bistrot le Chat Barbu in Rosendale
- Tuesday February 24, 7:00 - Club meeting
- Tuesday **March 10** - Board/Regular meetings and Program
- Tuesday March 24, 7:00 - Club meeting
- Tuesday **April 14**, 6:30 - Board/Regular Club meetings and Program
- Tuesday April 28, 7:00 - Club meeting
- Saturday **May 2** - Spring Banquet at Little Italy

Since events sometimes change, efforts will be made to maintain the calendar on the Club website current. To access it go the website, open the Events page and you can then view

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## **AFTER THE HOLIDAYS DINNER**

A big **Thank You!!** to **Lisa Olivett** for organizing this well-attended event on January 20 at The Cornell in Kingston.

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## ***SPRING BANQUET - Hold the Date***

Saturday May 2, 2026 - Frank Guido's Little Italy. Details to Follow.

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## ***INFORMATIONAL PROGRAMS***

Thanks to Program chair, Rob Fletcher, we have several programs over the next few months across a range of topics.

On **Tuesday February 10, Dale Ziegenfelder** will host a screening of a (very) short film - "The Robbery at Highmount" followed by a discussion of Trailsweepers past experiences and fond memories of skiing there - please **bring any photos or mementoes you may have** from your experiences skiing at Highmount to share with the group.

Dale will also bring his ski boot alignment equipment if anyone would like to have an alignment check who may have missed the opportunity at the January 13 meeting. **If you want to participate, bring your boots and wear shorts or pants that are easy to roll up the leg bottoms.**

On **Tuesday March 10, Trailsweeper Kari Hoyt DAc, LAc., Dipl.Ac.**, will deliver a program entitled "**Acupuncture FAQ + Q&A**". Kari will review some of the questions she is most frequently asked about acupuncture and then open the floor to any other questions the audience may have.

For Kari, bodywork is a journey she has been on for better than two decades. It began with fifteen plus years of massage therapy practice that carried her through acupuncture school and into acupuncture practice which she officially started in NY in January of 2022 after graduating with her MSAc in August of 2021 from ESATM and passing all boards by early November. In December of 2022, she completed her doctorate in acupuncture at Five Branches University. She continues to practice acupuncture here in Kingston, with an office uptown in the Willow Park Office Complex.

**Work, Wilderness Play”** highlighting experiences and reflections from her career as a DEC ranger.

In addition to the Programs referenced above, **thanks to Jackie Olivet** for reminding us about the wide range of Continuing/Senior educational learning opportunities we have in our area that multiple Trailsweepers participate in. We may have a future Program related to these organizations but in the meantime, Jackie has provided links to several related resources.

### **Saugerties LifeSpring Links:**

<https://www.lifespringsaugerties.com/>

Lifespring's **free to non-members** Zoom Winterfest:

<https://www.lifespringsaugerties.com/winterpresentations.html>

**Bard College's LLI program:** <https://lli.bard.edu/>

Bard Winterfest Catalogue: <https://lli.bard.edu/winterfest-2026-catalog/>

**Note: current members of Bard's LLI program can invite non-members to participate in Winterfest programs by forwarding a Zoom link.**

To round things out, here's a link to the **SUNY New Paltz LLI**  
[Lifetime Learning Institute](#)

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If you would like to volunteer to organize and/or deliver a program or have a specific idea or request related to a topic please contact **Rob Fletcher**, Program Chair.



## ***HAPPY HOURS FOR FEBRUARY***

**Friday February 6, 5:30 pm**

**Union Street Brewing Co. Tap Room**

Friday February 20, 5:30 pm

**Bistrot le Chat Barbu**

434 Main St.

Rosendale, NY 12472

## OUTDOOR ACTIVITIES



A few of us hiked **Black Dome and Thomas Cole** on January 19 (photos below, S. Wingard), prior to the most recent big dump of snow. Microspikes were needed although snowshoes were not, but a rope was required in at least two places to safely navigate some particularly icy sections on the descents of both peaks.



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If you would like to propose (or better yet, lead) a hike, please speak with hiking chair,

recreational areas.



***SKI SEASON IS HERE BIG TIME***  
***Some of the Best Local Conditions in Years***

***SKI CLUB APPRECIATION DAYS***

***Plattekill***

Ski Club members can ski Plattekill using discounted tickets on Friday February 6 (discounted ticket price \$ 62) and/or Sunday February 8 with a lift ticket price \$ 79. To receive the discount, go to [shop.plattekill.com/groups](https://shop.plattekill.com/groups) at least 48 hours in advance of the day(s) you would like to visit to purchase your tickets using the special discounted code listed below for the selected date.

**For Friday February 6, 2025:** Enter code **FridaySkiClubDay2026**

**For Sunday February 8, 2025:** Enter code **SundaySkiClubDay2026**

***Whiteface - (For those without the NYS Ski -3 Pass)***

Simply go to Whiteface on any of the dates listed below, show your Ski Council or Ski Club ID as well as a photo ID and get a ticket. For questions contact them at [groups@whiteface.com](mailto:groups@whiteface.com) or by calling 518-946-8414.

- February 2, 2026 (Monday) \$67
- February 23, 2026 (Monday) \$67
- March 6, 2026 (Friday) \$67
- March 27, 2026 (Friday) \$67

- April 5, 2026 (Sunday) \$57

## **SKI RACING**

The Annual NJSSC President's Race will be held at Hunter on **Saturday March 21**. Whether you are an experienced or casual racer or have ever thought about giving it a go, this is a great opportunity to participate and score points for Trailsweepers.

## **SKI TRIP OPPORTUNITIES**

**Trailsweepers are sponsoring the first ski trip in several years to Zell am See, Austria March 6 - 14, 2026.** Contact John H. with questions or to express your interest (kayakmann@gmail.com, 518-719-0490). Here are links to the [flyer](#) and [registration](#) form.

**New Jersey Ski & Snowboard Council** are sponsoring the following this season:

- Mt. Tremblant Canada - February 1 - 6, 2026 (**CLOSED with 159 registered**)
- Banff, Canada - February 21 - 28, 2026
- Sunday River, ME - March 1 - 6, 2026 (**Almost Closed but still a few openings**)
- Three Zinnen Dolomites (Italy) - March 13 - 21, 2026 (**CLOSED**).

**Additional information and links for each trip can be found in the Ski Trips section of the NJSSC website** [The New Jersey Ski & Snowboard Council](#)

**Hudson Valley Ski Club** are sponsoring the following trips focusing on EPIC-affiliated resorts this year:

- Stowe, VT - February 9 - 13, 2026
- Breckenridge, CO - February 21 - 28, 2026
- Park City, UT - March 7 - 14, 2026

**Note: All HVSC trips are fully booked but there may be waiting list opportunities in the event of cancellations.**

**Additional information and links for each trip can be found in the Ski Trips section of the HVSC website** <http://www.hudsonvalleyskiclub.org>

## CLUB BUSINESS

### Board Meeting Minutes - January 13, 2026

Present: Dale Ziegenfelder, Mike Griffin, Kathie Quick, Katie Viglielmo. The board reviewed a list of prior season members who had not paid dues for this season yet. Each board member will call some of these on the list.

Dale Ziegenfelder

### Regular Meeting - January 13

In Rob's absence, the meeting was called to order by Ex VP Jeff Huth. There were 13 members in attendance - J. Huth, Dale and Diana Ziegenfelder, P. Marsh, D. Hersh, J. Wise, S. DeCicco, K, M and J. Viglielmo, B. Lindsay, K. Quick, M. Griffin

BOARD- Dale Ziegenfelder reported on the Board meeting at which the membership roster was checked relative to 202 dues payment. The Board was assigned a list of calls to make to remind delinquent members of the need to pay to remain in good standing.

FINACNIAL Report – None provided as Karen S. was not in attendance.

MEMBERSHIP- Chairperson Jim Wise reported that there are now 107 paid members for 2026. The new membership committee did not meet as several members were not present. Jeff Huth noted that Jean Pavone has stepped up efforts to post items to the Club's Facebook page ahead of events as well as covering them afterwards which helps improve Trailsweepers priority on internet search engines as an aid to attract new members.

PROGRAMS- Tonight Dale Z spoke about proper Ski Boot alignment. Kari Hoyt is online to speak about acupuncture and in the Spring Jim T will do a cycling program. Program Chair Rob Fletcher has reported that he is having increasing difficulty identifying topics and speakers for future programs so members are requested to give this some thought. Past programs have covered a wide range of topics including healthcare and wellness, estate planning, vacation travel, topics related to skiing, kayaking and cycling, environmental issues and others. So, if you know someone who might be an interesting speaker or you have an interesting experience or expertise you would like to share please speak with Rob – we all need to step up to assist Rob in keeping this going.

HAPPY HOURS-The most recent Happy Hour at Stella's had about 10 attendees. The next one will be on Friday January 23 at The Anchorage in Eddyville.

AFTER THE HOLIDAYS DINNER: Tuesday JANUARY 20 th, 5 pm at The Cornell in the Rondout area of Kingston. If you plan to attend, hopefully you have informed Lisa Olivett.

Spring Banquet – Hold the Date of Saturday May 2 for an evening of food, fun and dancing at Frank Guido's Little Italy. Diana has engaged Roadhouse 60s to get us up and dancing.

SKIING - Plattekill Ski area has a Ski Club Day on 2/6 and 2/8. Interested skiers will need a

try running a race this is a great opportunity to give it a try and help contribute to Trailsweepers team's efforts.

HIKING- There were 3 hikes in December – Black Head, Shaupaneak and Onteora Lake. We are looking for at least 1 date in January and another in February probably to Catskill 3500 peaks but maybe some other areas if there is interest. We are also thinking about doing something on Monday January 19 – Martin Luther King Day since it will probably be crowded to ski.

A 50/50 raffle was held and \$ 54 was earned for the Club.

PROGRAM: Dale described the principles and process to determine proper ski boot alignment and then demonstrated it with one member who had brought along his ski boots. The meeting ended around 8 pm.

Jeff Huth

### **Regular Meeting - January 27**

Attended by - Rob Fletcher, Monique Corcoran, Dee Gross, Deborah Sarmir, and Konrad Kaletsch. Debra and Konrad picked up a TSSC flyer, that Monique placed at a local establishment, and both voiced great interest in joining.

We talked about our Club and the sport and recreational opportunities we offer.

Rob

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### **Trailsweepers Club Roster 2025/2026**

(area codes 845 unless otherwise noted)

#### **Club Officers**

President - Rob Fletcher 338-1537, [President@trailsweepers.org](mailto:President@trailsweepers.org)

Executive VP - Jeff Huth 203-482-1954, [ExecVP@trailsweepers.org](mailto:ExecVP@trailsweepers.org)

Administrative VP - Dale Ziegenfelder 657-6312, [AdminVP@trailsweepers.org](mailto:AdminVP@trailsweepers.org)

Secretary - Martin (Marty) Nystrom, 679-8613 [Secretary@trailsweepers.org](mailto:Secretary@trailsweepers.org)

Treasurer - Karen Spinozzi 338-0626

#### **Club Board Members (term expir.), [Board@trailsweepers.org](mailto:Board@trailsweepers.org)**

Skip Alford (4/'27) 481-2898

Katie Viglielmo (4/'26) 594-4359

Kathie Quick (4/'27) 331-7358

Steve Wingard (4/'26) 532-7459

### Committee Chairs

Membership - Jim Wise 914-474-1588, [Membership@trailsweepers.org](mailto:Membership@trailsweepers.org)

Programs - Rob Fletcher 338-1537

NJSSC Liaison - Steve Ahladas 337-9317

Ski Racing - Jim Tomasetti 594-9044/Dale Ziegenfelder 657-6312

Discount Lift Tickets - Steve Ahladas 337-9317

Kayaking - Yvonne Baker 417-7144, Skip Alford 481-2898

Hiking - Steve Wingard 532-7459

### Media

Facebook- Jean Pavone 518-527-4670, Carol Tomasetti 594-9045

Newsletter/Website - Jeff Huth 203-482-1954, [webmaster@trailsweepers.org](mailto:webmaster@trailsweepers.org)

### Social Events

After the Holidays - Lisa Olivett 542-3945

Fall Kick-off - TBD

Happy Hours - Ellen Berlin

Spring Banquet - Diana Ziegenfelder 657-6312

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