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TRAILSWEEPINGS

The Newsletter of the Trailsweepers Snow and Sport Club Inc.

May 2026

Volume 76, Issue I

PRESIDENT'S MESSAGE

The 2025-2026 ski season was fantastic ! We had good snow on our local mountains all season long. Now it is time to switch our interest from snow sports to warm weather sports and activities. This may include hiking, biking, and kayaking . It may also include golfing, swimming, fishing, tennis, among other interests.

Many exciting events were discussed at the April 28th planning meeting. The second and last planning meeting will be held on May 26th at which time we will solidify our spring-summer-fall plans. Thank you for your active participation in the planning process.

Enjoy the warm weather!
Robbie

CLUB MEETINGS

Normally held on the second and fourth Tuesday each month with an abbreviated schedule in the summer. Note: Changes will be communicated via President's e-mail.

On **Tuesday May 12** there will be a Board meeting (6:30 pm) followed by a short Club business meeting and **Informational Program on Reiki**.

On **Tuesday May 26** there will be a Club meeting at 7 pm to continue the annual planning

Meeting Venue: Sky View Mexican Restaurant

237 Forest Hill Drive
Kingston, NY 12401

Hudson Valley Ski Club Link

Our "sister" club sponsors many activities that may be of interest to Trailsweepers who are not already dual members so here is a link to the HVSC website for easy reference -

<http://www.hudsonvalleyskiclub.org>

FUTURE EVENTS CALENDAR

- Saturday **May 2** - Spring Banquet at Little Italy, Kingston
- Monday May 4 - Kayaking at Stissing Lake
- Friday May 8, 5:30 pm. Happy Hour at The Reservoir Inn, West Hurley, NY
- Tuesday May 12 - Board and Regular Meeting plus Informational Program
- Thursday May 21 - Kayaking at Cocksackie
- Friday May 22, 5:30 pm - Happy Hour at Castaways Bark and Grill, Connelly /, NY
- Tuesday May 26 - Club Meeting focused on continuation of Annual Planning discussion
- Saturday **June 13** - Almost Summer Bash - George Freer Park, Port Ewen

Many potential activities and events for Summer/Fall were discussed at the **Annual Planning Meeting held April 28**. See the minutes in the Club Business section and bring your ideas and/or willingness to step up to plan/lead an event to the **next meeting on May 26**.

Since events sometimes change, efforts will be made to maintain the calendar on the Club website current. To access it go the website, open the Events page and you can then view events in either the default listing format or in an optional calendar view which is available by clicking on the "square" on the right side of the page.

SPECIAL EVENT INVITATION

HAPPY 80th Birthday Celebration For NICK, LUCY and YVONNE

-
- > TIME: 1 pm till whenever, live music 2-5 (Harvest Duo), then DJ till 6
 - > We are having a PIG ROAST, and providing chicken, hot dogs, seltzer, soda, water...and of course birthday cakes!
 - > We need you to bring a chair, a dish to share, and BYOB.
 - > NO GIFTS please...
 - > **You MUST RSVP by June 6th to:**
 - > Yvonne 845-417-7144 (cell) or 845-481-2898 (home)
-

UPCOMING TSSC EVENTS

Spring Banquet

Saturday May 2 - Frank Guido's Little Italy, Kingston. Dinner and Dancing to Roadhouse 60s band.

Almost Summer Bash

Saturday June 13 - Get ready for the annual picnic sponsored by the Board at Freer Park along the Hudson in Port Ewen to kick off the Summer season. The food, beverages and camaraderie are normally preceded by road cycling and kayaking opportunities in the morning.

INFORMATIONAL PROGRAMS

On **Tuesday April 14 Leslie Suprenant** delivered a well-attended program entitled "Wilderness Work, Wilderness Play" sharing photos, stories, and journal readings from her work as an assistant forest ranger in an Adirondack Wilderness Area in the 1980s, guiding, and other outdoor adventures from the '80s to the present.

Tuesday May 12

On **Tuesday May 12, Anna Zvilius** will discuss how **Reika Treatment** bridges the physical and spiritual. The program will address:

- what Reiki is
- brief history of Reiki
- what Reiki isn't
- how I got involved in Reiki
- what to expect from a session
- brief hands-on demonstration

itself was a mystery, but the strong boost of energy and well-being she experienced afterwards were not. In the months following, she felt guided to train in the method herself, and thus began a major shift in her life's path. Anna holds a B.S. in Microbiology from the University of Illinois and studied and worked for many years as a classically trained soprano soloist.

If you would like to volunteer to organize and/or deliver a program or have a specific idea or request related to a topic please contact **Rob Fletcher**, Program Chair.



HAPPY HOURS FOR MAY

Friday May 8, 5:30 pm at The Reservoir Inn

157 Basin Road
West Hurley, NY 12491

Friday May 22, 5:30 pm at Castaways Bar and Grill (Bridgeview Marina)

161 1st Street
Connelly, NY 12417

OUTDOOR ACTIVITIES

Ski Season may be over but Trailsweepers stay active year round. See below for information on hiking, cycling and kayaking opportunities. **For club-sponsored hiking and kayaking outings, members and guests will be expected to complete a sign-in sheet including liability waiver.**



Catherine Forbes led a joint TSSC/Mid-Hudson ADK chapter hike on **Friday April 17** to the **John Burroughs Nature Sanctuary** in West Park, NY. (Photos below). Everyone enjoyed it and we may repeat next winter. - **Thanks Catherine.**

If you would like to propose (or better yet, lead) a hike, please speak with hiking chair, Steve Wingard. We are fortunate to have so many local opportunities for challenging hikes in the Catskills and Shawangunks as well as more relaxing walks on rail trails and other recreational areas.



Rail Trail Rides

Rick F. coordinates and leads Monday evening group rides on sections of the Wallkill Valley, Ashokan or Hudson Valley rail trails in Ulster and Dutchess County. Rick has provided the following information to ensure everyone has a positive experience:

- All rides are out and back (you can shorten any ride)
- All rides average 15 miles @ 10-14 mph
- All bikes need to be in good working order
- All riders must wear helmets
- All riders need minimum of spare tube (even if you can't change a flat) and water
- Rides typically end in a tailgate party
- Rain and foul weather usually cancel ride so get on email list to stay abreast for notice of cancelation, change of location, or start times, etc. - Rick Fick rjee@msn.com, 914-443-4060

The first scheduled ride of the season will be on **Monday May 4**. Here is a link to the [full schedule](#) so far.

Road Cycling

The Mid-Hudson Bicycle Club sponsors Thursday evening rides at 6 pm originating at the O & W Building, 97 Hurley Avenue Kingston.

The rides are typically 25 - 35 miles in length following a variety of routes with groups divided according to route length and/or average speed. Everyone is welcome.

Club Member Jim T. is the coordinator for the Thursday evening rides so let him know if you would like to be added to the e-mail list (jtskirat@gmail.com)

Note: *These rides are coordinated by fellow Club members but are **not** sponsored by TSSC.*



KAYAKING

TSSC Kayaking is back again for 2026 thanks to Yvone and Skip with some help from other planners.

Yvonne reports that at the **first kayak outing of the season**, 6 brave souls, properly dressed explored the Esopus Creek from Saugerties. It was cloudy and chilly but fun and no capsized boats.....enjoyed by all. **(See photos below).**

The next outing will be on **Monday May 4 at Stissing Lake followed by a hike around nearby Thompson Pond.** (see President's email issued April 28 for details).

This year, following some of the paddles, there will be an optional hike to an adjacent area of interest. There may also be some moonlight paddles with assistance from Carol Field. These will require some additional equipment and preparations described in the complete schedule document below.

Keep in mind a few things to make your experience safe and fun. Bring food, water, personal flotation device, sunscreen, hat, comfortable clothes, and anything else you deem important like paddle, dry bag, camera, and a working kayak or canoe!

Arrive at the launch a half hour before we shove off. The times listed in the schedule, are the times we would like to start paddling. If it is raining heavily the day of the scheduled trip, then the event is cancelled.

QUESTIONS:

Yvonne or Skip home phone 845-481-2898

cell - Yvonne 845-417-7144 yab1946@gmail.com

cell - Skip 845-706-9714 skipsinthewoods@gmail.com



Only 6 months till SKI SEASON

TRIP OPPORTUNITIES

While some of you haven't put your skis away quite yet, trips for next year - 2027/2027 season - are being actively planned and some are already available for sign-up. Information for TSSC and affiliated organization-sponsored trips will be displayed here as available.

New Jersey Ski & Snowboard Council have announced the following:

Lake Tahoe – February 20 – February 27, 2027. Please [click here](#) for a flyer. Online registration will be open shortly.

Loon Mountain – Riverwalk Resort – February 28, 2027 – March 5, 2027.

Please [click here](#) for a flyer and reservation form.

Additional information can be found in the Ski Trips section of the NJSSC website [The New Jersey Ski & Snowboard Council](#)

Hudson Valley Ski Club will sponsor trips to IKON resorts next season. Plans are still being finalized but the following are in the mix for next season:

- Vermont, TBD early January
- Stratton, VT - January 11 - 15
- Mount Bachelor, OR - January 23 - 30
- Mount Tremblant, QC - February 7 - 12 (same week as NJSSC but different hotel)
- Banff, BC - February 27 - March 6
- Vermont or Maine - mid-March

Additional information and links for each trip when available can be found in the Ski Trips section of the HVSC website <http://www.hudsonvalleyskiclub.org>

CLUB BUSINESS

Annual Elections

Congratulations and a big Thank You to the Club officers and Board members elected by a vote of the membership at the April 14 meeting:

Rob Fletcher, President

Jeff Huth, Executive VP

Dale Ziegenfelder, Admin. VP

John Hoefinger, Treasurer

Secretary, Marty Nystrom

Board Members/Directors (term to expire 4/28), Mike Griffin, Katie Viglielmo, Steve Wingard

The membership would also like to thank Karen Spinozzi for serving as Treasurer for the past couple of years.

skiing plans and/or reports on conditions at local areas with other members but as discussed at the recent annual planning meeting it can also be used to communicate plans for e.g. meeting up at a local music event. If you would like to join, you will need to download the app and inform Jeff Huth that you would be like to be added. Please send your mobile phone number to Jeff via text 203-482-1954 or email: jeff_huth@hotmail.com.

Club Meetings

April 14

The meeting was called to order by President Rob Fletcher at 7:05 pm with 26 members in attendance. Hence, a quorum requirement of 13 members for the elections was met.

Rob stated that this would be an abbreviated meeting for election of the Board of Directors and Officers. This to provide time for a presentation by Leslie Suprenant noted below.

BOARD- There was a Board Meeting and a Membership Outreach Committee meeting before the Business Meeting.

Rob turned the meeting over to Officers Skip Alford and Kathie Quick to conduct the election proceedings.

ELECTIONS- Skip noted the members who have accepted nomination. They are:

Board Members:

Mike Griffin

Katie Viglielmo

Steve Wingard

Officers:

President- Rob Fletcher

Executive VP- Jeff Huth

Administrative VP- Dale Ziegenfelder

Treasurer- John Hoefinger

Secretary- Marty Nystrom

Kathie called three times for additional candidates for each position. No additional candidates were requested or added to the group noted above. She then called for a vote on each of the candidates individually. All candidates were elected unanimously.

Katie ran the 50-50 drawing. Eventually Jeff Huth won and the Club made \$164 to the club - the dues equivalent of 5 members illustrating that the 50-50 is important.

scheduled for May 2nd. It is on and a sizable crowd is expected. For additional information or tickets, contact Ziegenfelder at 845 657 6312.

KAYAKING: Yvonne Baker reminded all that the FIRST event of the season would be held at Saugerties Beach Park on Wednesday May 2nd at 2PM. It is an easy warmup run for the rest of the season. **Of note-** the Schedule of launches is for alternating dates of Wednesdays and Saturdays to accommodate those who can or cannot make weekdays and weekends.

Activities and Events for upcoming year - be reminded that there will be a serious discussion and hopefully conclusion about this year's opportunities at the next meeting.

Rob called the Business part of the meeting over at 7:25 and the Program commenced.

THE PROGRAM-

Rob made an introduction of Leslie Suprenant, former DEC Forest Ranger. A most comprehensive career. Amongst other activities, she has been a ski instructor and she has written a study of so many of the lakes in our area. She has portaged more miles with her canoe than most of us have paddled on the water.

The title of the presentation, along with slides, was "Wilderness Work, Wilderness Play". She considers her work as enjoyable play- a lesson for all of us.

She graduated from Forest Ranger class in 1981. Her salary was 5 bucks an hour. She was required to carry a back pack of 70 pounds on her 120 pound frame. Thru her ingenuity she has managed to reduce the 70 # to 28#!

Her slide show included many lakes and trails. She never had any bear problems or stories- a testament to caution and knowledge.

At the end of the show, she was thanked for her hard work and the entire Forest Ranger corps for their efforts, resulting in such a wonderful outdoor venue here in New York.

A special thank you to Leslie from all of the TSSC community. Thanks good person!!!

The meeting concluded at 8:03 PM.

Respectfully submitted, Martin Nystrom

April 28

President Rob Fletcher called the meeting together at 7:07 There were 17 members in attendance.

Rob stated the main purpose of the meeting was to plan the years activities for the balance of 2026 and into the spring of 2027, with a brief business meeting.

Mini golf - There was interest by all but no one to organize it. Leader TBD.

Cycle to breakfast or lunch- Skip and Yvonne to come back with a date to Rob.

Solaris Cruise to tour Lighthouse - Dave Hersch will call the maritime museum to check the dates to report back.

Bard's Spiegelentent on August 8th- "The Onlies" (see online) is chosen as the group. \$32.50 a ticket. There are 6 booths of 6 seats open now. Deadline for signup will be emailed as the booths fill. Marty Nystrom

Tanglewood- Kathie Q and Monique C will report.

Shakespeare in Woodstock- Diana Z to follow-up. Performances every Saturday and Sunday in August. Pay at the gate and a pre event gathering of the group is intended.

Meetups for local music- No leader needed. Jeff H suggested that anyone can do it just post on Whatsapp. Jeff Huth to do an announcement and instruction in the next newsletter to encourage use for all meetups- including skiing.

Saratoga racing- Mike Griffen to pick a date and advise.

Kingston Point Picnic/mmeeting- 2nd Tuesday on August. 8/11. Can add kayaking and stand up paddle board too.

Almost Summer Bash- June 13th- is set. Info to come.

Fall hike at North/South Lake. Steve W. to firm up.

Walk around **Shawangunk Grasslands National Wildlife**

Refuge. Nicole W. to set it for October or November. Info to follow.

Paint and Sip- Katie V. to run it. 6/8 at 4pm at Freer park

Ski trip next year- No one is interested in organizing a trip at this point. Jeff H. will do some investigating for a potential ski trip in our summer - July or August 2027 to Argentina/Chile.

Other events discussed but open for discussion. Anyone interested, please step up- Murder mystery party Kayak race Kingston classic Kayak instructional Paddle boarding Skydiving Overnight camping Tuckerman's ravine in June of 2027.

Related thoughts and activities: The just completed Austria trip was discussed by participant Diana Z.- 21 were on the trip only 3 skied and the rest had a ball sightseeing. Diana showed the Photo book she made and offered it to show it.

Skip A. is interested in having a pig roast in the fall with his new roaster. Hmmm.

follow-up by the Membership Committee. Those addresses are a pain to gather but are good for membership and liability.

Rob F called for any other business and there were none. At 7:56 he closed the meeting.

Respectfully submitted, Marty Nystrom

Trailsweepers Club Roster 2025/2026

(area codes 845 unless otherwise noted)

Club Officers

President - Rob Fletcher 338-1537, President@trailsweepers.org

Executive VP - Jeff Huth 203-482-1954, ExecVP@trailsweepers.org

Administrative VP - Dale Ziegenfelder 657-6312, AdminVP@trailsweepers.org

Secretary - Martin (Marty) Nystrom, 679-8613 Secretary@trailsweepers.org

Treasurer Elect - John Hoefinger

Club Board Members (term expir.), Board@trailsweepers.org

Skip Alford (4/'27) 481-2898

Mike Griffin (4/'28) 914-388-7558

Katie Viglielmo (4/'28) 594-4359

Kathie Quick (4/'27) 331-7358

Steve Wingard (4/'8) 532-7459

Committee Chairs

Membership - Jim Wise 914-474-1588, Membership@trailsweepers.org

Programs - Rob Fletcher 338-1537

NJSSC Liaison - Steve Ahladas 337-9317

Ski Racing - Jim Tomasetti 594-9044/Dale Ziegenfelder 657-6312

Kayaking - Yvonne Baker 417-7144, Skip Alford 481-2898

Hiking - Steve Wingard 532-7459

Media

Facebook- Jean Pavone 518-527-4670, Carol Tomasetti 594-9045

Newsletter/Website - Jeff Huth 203-482-1954, webmaster@trailsweepers.org

Social Events

After the Holidays - Lisa Olivett 542-3945

Fall Kick-off - TBD

Happy Hours - Ellen Berlin

Spring Banquet - Diana Ziegenfelder 657-6312

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