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TRAILSWEEPINGS

The Newsletter of the Trailsweepers Snow and Sport Club Inc.

June 2026

Volume 76, Issue II

PRESIDENT'S MESSAGE

PLANNING FOR SUCCESS

We had two successful planning meetings this Spring - one on April 28th and the other on May 26th. These two planning sessions were intended to generate ideas and specific plans for events to cover the Spring, Summer, and Fall of 2026. At the first meeting, we discussed possible events and identified potential event leaders. During the second meeting we made concrete plans with identified events, leaders and locations.

This was made possible because of the strong contributions made by a number of Club members who "stepped up" to organize and lead a TSSC event. These events can be seen in this and future issues of TRAILSWEEPINGS.

I want to thank the many people who attended these planning meetings and a special thanks for those who will be leading the events for our membership.

We hope you will participate in the events of your choice and help support our Club.

ENJOY the WARM WEATHER and PARTICIPATE

Robbie

CLUB MEETINGS

On **Tuesday June 9** there will be a Board meeting at 6:30 pm followed by a regular Club business meeting at which we will vote on the Summer Budget (link to copy in Club Business Section). **We need a quorum so please plan to attend.**

Note: this will be the only meeting in June.

Meeting Venue: Sky View Mexican Restaurant

237 Forest Hill Drive

Kingston, NY 12401

Hudson Valley Ski Club Link

Our "sister" club sponsors many activities that may be of interest to Trailsweepers who are not already dual members so here is a link to the HVSC website for easy reference -

<http://www.hudsonvalleyskiclub.org>

FUTURE EVENTS CALENDAR

- Wednesday **June 3** - Kayaking at The Great Swamp, Patterson NY
- Friday June 5, 5:30 pm - Happy Hour at Sky View Mexican Restaurant
- Monday June 8, 3 - 5 pm: "Paint and Sip" hosted by Katie V. at Freer Park Port Ewen. Katie will bring art supplies for up to 20 (\$12/person) participants BYOB.
- Tuesday June 9, 6:30 pm. Board and Regular Club meeting including vote on Summer Budget
- Saturday June 13, 12 noon. Almost Summer Bash at Freer Park, Port Ewen
- Thursday June 18 - Cycle to Lunch - details to follow by email
- Friday June 19, 5:30 pm - Happy Hour at Keegan Ales
- Tuesday June 30 - Kayaking, Chodikee Lake, Highland
- Saturday **July 11** - Kayaking, Sojourner Truth Park
- Tuesday July 14 - Board and General Club Meetings
- Thursday July 16 - Cycle to Breakfast at Bread Alone
- Wednesday July 22 - Kayaking, Constitution Marsh, Cold Spring
- Thursday **August 6** - Bard Speigeltent event - "The Olnies". There are several 6 person booths still available. **Final commitment due on June 13th.** If you are interested, email Marty N. at 845 679 8613 or email at nystrommr@gmail.com
- Saturday August 8 - Kayaking, Ramshorn Catskill

- Sunday August 23 - Kayaking, Rondout Creek
- Saturday August 29 - Shakespeare in the Park/Woodstock. Picnic before at the Ziegenfelders'
- **September 18 - 20** - Kayak/Camping, Lake George
- Saturday **October 3** - "Murder Mystery" event to be hosted by Monique C. Details to follow.
- Sunday October 4 - Annual Hikes and Picnic at North/South Lake

Since events sometimes change, efforts will be made to maintain the calendar on the Club website current. To access it go the website, open the Events page and you can then view events in either the default listing format or in an optional calendar view which is available by clicking on the "square" on the right side of the page.



ANNUAL ALMOST SUMMER BASH

Saturday June 13, Noon

George Freer Park 104 Canal St. Port Ewen, NY

Once again, the Board will plan and host a fun day to kick-off the summer season of sports and social activities. In addition to food, beverages and camaraderie, there may be an opportunity for kayaking and cycling earlier in the day and corn hole during the picnic.

would be a great opportunity to introduce friends to the benefits of joining the club).

SPECIAL EVENT INVITATION

HAPPY 80th Birthday Celebration For NICK, LUCY and YVONNE

WHEN: JUNE 27TH (Saturday)

WHERE: Dug Hill Park, 1035 Dug Hill Road, West Hurley NY 12491

TIME: 1 pm till whenever, live music 2-5 (Harvest Duo), then DJ till 6

> We are having a PIG ROAST, and providing chicken, hot dogs, seltzer, soda, water...and of course birthday cakes!

> We need you to bring a chair, a dish to share, and BYOB.

> NO GIFTS please...

> **You MUST RSVP by June 6th to:** Yvonne 845-417-7144 (cell) or 845-481-2898 (home)

INFORMATIONAL PROGRAMS

Programs will resume in the Fall. If you would like to volunteer to organize and/or deliver a program or have a specific idea or request related to a topic please contact **Rob Fletcher**, Program Chair.



HAPPY HOURS FOR JUNE

Friday June 5, 5:30 pm - Sky View Mexican Restaurant

237 Forest Drive

Kingston, NY 12401

Friday June 19, 5:30 pm - Keegan Ales

20 St. James St.
Kingston, NY 12401

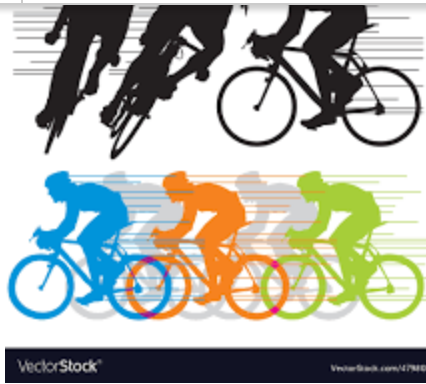
If you have suggestions for new venues that you believe would be suitable for our Happy Hours, please contact Ellen Berlin at zeeventure.woman@gmail.com or 845-594-2105.

OUTDOOR ACTIVITIES

Trailsweepers stay active year round. See below for information on hiking, cycling and kayaking opportunities. For club-sponsored hiking and kayaking outings, members and guests will be expected to complete a sign-in sheet including liability waiver.



If you would like to propose (or better yet, lead) a hike, please speak with hiking chair, Steve Wingard. We are fortunate to have so many local opportunities for challenging hikes in the Catskills and Shawangunks as well as more relaxing walks on rail trails and other recreational areas.



"I want to ride my bicycle, I want to ride my bike"

Cycle to Lunch and Breakfast

Yvonne and Skip will lead rides on **June 18 (lunch) and July 15 (breakfast at Bread Alone)**. Details to be communicated by email ahead of the dates.

Rail Trail Rides

Rick F. coordinates and leads Monday evening group rides on sections of the Wallkill Valley, Ashokan or Hudson Valley rail trails in Ulster and Dutchess County. Rick has provided the following information to ensure everyone has a positive experience:

- All rides are out and back (you can shorten any ride)
- All rides average 15 miles @ 10-14 mph
- All bikes need to be in good working order
- All riders must wear helmets
- All riders need minimum of spare tube (even if you can't change a flat) and water
- Rides typically end in a tailgate party
- Rain and foul weather usually cancel ride so get on email list to stay abreast for notice of cancelation, change of location, or start times, etc. - Rick Fick rjje@msn.com, 914-443-4060

Here is a link to the [full schedule](#) so far to be confirmed each week via email.

Road Cycling

The Mid-Hudson Bicycle Club sponsors Thursday evening rides at 6 pm originating at the O & W Building, 97 Hurley Avenue Kingston.

welcome.

Club Member Jim T. is the coordinator for the Thursday evening rides so let him know if you would like to be added to the e-mail list (jtskirat@gmail.com)

Note: *These rides are coordinated by fellow Club members but are **not** sponsored by TSSC.*



KAYAKING

TSSC Kayaking is back again for 2026 with the next outing to be held at the **Great Swamp** in Patterson, NY on **Wednesday June 3**.

This year, following some of the paddles, there will be an optional hike to an adjacent area of interest. There may also be some moonlight paddles with assistance from Carol Field. These will require some additional equipment and preparations described in the complete schedule document below.

Keep in mind a few things to make your experience safe and fun. Bring food, water, personal flotation device, sunscreen, hat, comfortable clothes, and anything else you deem important like paddle, dry bag, camera, and a working kayak or canoe!

Arrive at the launch a half hour before we shove off. The times listed in the schedule, are the times we would like to start paddling. If it is raining heavily

For the complete schedule for the season, please see the [attached](#). There will be more details for each paddle a week before.

QUESTIONS:

Yvonne or Skip home phone 845-481-2898

cell - Yvonne 845-417-7144 yab1946@gmail.com

cell - Skip 845-706-9714 skipsinthewoods@gmail.com

Some Comments from Yvonne regarding recent paddles

Stissing (photo below)

WOW, 13 paddlers. It was a blue bird day and after circumventing the entire lake, a little windy, some of us then did a 3.3-mile loop hike around Thompson Pond. Following was a stop at the "The Moose" a local deli, for a late lunch.

Coxsackie

Well, it was cloudy and windy upon arrival. Four paddlers were already settled into a coffee shop chatting and committed to not paddling. After friendly persuading and being called "turncoats" one by one they joined the other six waiting by the launch. There was discussion about wind and current. A little choppy, but wind had died down and we paddled north around Coxsackie Island, some exploring another inlet/ bay. Late on the water but a successful paddle was had by all. Followed by food and libation at the Yellow Deli..Very nice riverfront park with a lot of history. So we will see you on the next paddle "The Great Swamp".





ONLY 6 Months till Ski Season

SKI TRIP OPPORTUNITIES

Trips for next year - 2027/2027 season - are being actively planned and at least one is already closed out so don't wait too long to make your plans. Information for TSSC and affiliated organization-sponsored trips will be displayed here as available.

New Jersey Ski & Snowboard Council have announced the following:

Mont Tremblant, Canada – February 7 – February 12, 2027. **Note:**
Registration for this trip is already Closed.

Lake Tahoe – February 20 – February 27, 2027. Please [click here](#) for a flyer. Online registration will be open shortly.

Loon Mountain – Riverwalk Resort – February 28, 2027 – March 5, 2027. Please [click here](#) for a flyer and reservation form.

Hakuba Valley, Japan - March 13, 2027 for 7 days. In final planning phase with different extension opportunities under consideration.

Additional information can be found in the Ski Trips section of the NJSSC website [The New Jersey Ski & Snowboard Council](#)

Hudson Valley Ski Club will sponsor trips to IKON resorts next season. Plans are still being finalized but the following are in the mix for next season:

- Vermont, TBD early January
- Stratton, VT - January 11 - 15

different hotel)

- Banff, BC - February 27 - March 6
- Vermont or Maine - mid-March

Additional information and links for each trip when available can be found in the Ski Trips section of the HVSC website <http://www.hudsonvalleyskiclub.org>

CLUB BUSINESS

2026 Proposed Summer Budget

Here is a link to the [proposed budget](#) which will be voted on by the membership at the June 9 meeting.

Membership Committee

The group has met several times over the past 6 months to generate ideas for attract new members and enhancing their experience. Activities to date:

- Development of a Mission Statement/Value Proposition ([attached](#)).
- Increased Club brochure distribution (special thanks to Monique Corcoran) resulting in several new members.
- Enhanced efforts to welcome, acknowledge and support new members (Initial stage of "mentoring" program)
- Exploration of options to order TSSC merchandise e.g. hats and shirts
- Decision to expand potential use of TSSC WhatsApp group to activities beyond skiing (inform Jeff Huth if you want to me added).
- Increased commitment to social media platforms to increase Trailsweepers.org search engine priority which has been the in road for many recent new members
- Preliminary discussion to expand the group remit to include the duties of the vacant Publicity Committee

Board Meeting Minutes

A meeting of the Trailsweepers Board of Directors was called to order by Dale Ziegenfelder on May 27, 2026 at Sky View Restaurant. Present: Mike Griffin, Kathie Quick, Skip Alford.

The board assigned itself jobs for the Almost Summer Bash on June 13.

The finance committee (Board plus Officers) reviewed the summer budget and actual items prepared by Karen

There was discussion on consolidating the summer and all year budget into one event. This will be discussed at the next board meeting.

ADDENDUM: The board directed that pursuant to the April election of John Hoefinger as treasurer, Karen Spinozzi be removed from the MHVFCU accounts and John Hoefinger be instated in time for the May 31 fiscal year end treasurer transition per the bylaws.

Submitted by Dale Ziegenfelder

Regular Meetings

May 13

President Rob Fletcher called the meeting together at 7:06 There were 16 members and 1 guest in attendance. Rob stated the meeting would be short and the Program would start as soon as possible.

He discussed the working of the Membership Committee under the direction of Jim Wise who was in attendance. For the 16 new members, the Committee will reach out to get a bit of Bio on each for a short feature in an upcoming newsletter. Also, to offer information on their expectations while answering any questions they may have. It's a bit of mentoring and encouragement for all new members to participate in whatever activities they desire.

The Committee had a discussion about having certain Club related merchandise available to members- logo bearing hats and tee shirts which was presented to the attendees to gauge interest. There was a positive reception to the idea so follow-up will be coming for members consideration. Certain minimum amounts of product are needed to meet the manufactures requirements- generally 50 items per type of product. A blast will be sent to all members once details are worked out. Good quality but not over the top. Colorful but not garish.

Katie V suggested stickers- we will research and add that. Katie V. also ran the 50/50. Rob asked for any issues that the attendees had or wanted to discuss. As there were no new issues, Rob moved on to the program. Tonight's program on Reiki was given by guest Anna Zvillus.

Anna gave a brief background on how/ when Reiki came to be a healing program, how she got involved and what it is. She stated that it has healing benefits and is different for every person. It brings the life energy that flows thru everything.

Reiki was founded in Japan in 1865 by a man who was studying the relationship of "laying on hands" used by the Buddha and noted in the life of Christ as a method of healing. The man spent 21 days of fasting atop Mt. Kurama. On the 21st day he descended the mountain and participated in 3 healing miracles by laying on hands. He developed the tenants of Reiki which became a major force in Japan.

Reiki involves placing hands in 12 standard locations.

Anna, who is a microbiologist, described her finding Reiki at a retreat she attended in Ohio. Using it, she relieved pain from her Vietnam vet husband's legs. Also, when she scalded herself, she laid hands on the site and cured both the pain and the scar. Lisa O. added that It's all about the participant who must be receptive. It is not just for "fixing" something. It is good for pain but doesn't stop its return.

Reiki is all about balance- emotional, mental and physical.

Instinctive touching proves the instinctive power of laying of hands. When you bang your elbow, you immediately put your hand to the location that is in pain. Clients are tired, stressed, emotional- including grieving. Reiki does not relieve pain from bone on bone but is great for migraines. Anna feels that pain is part of emotional trauma- the root cause. There was a continuous Q&A and participation by attendees. Thank you, Anna, for the fine presentation and information.

At about 8 PM, on completion of Anna's Program, Rob closed the meeting.

Respectfully submitted, Marty Nystrom

May 26

Rob opened the meeting at 7:06. There were 16 members in attendance, no guests.

BOARD REPORT- The Board met before the Membership meeting. Dale gave the Board Report- the summer bash is set and funded. A Summer budget review was held and put forward by the Finance Committee for a vote by the Membership on June 9th.

TREASURERS REPORT- Savings has \$10,760, checking has \$778. The CD, in the amount of \$10,174, matures in July. Rob thanked Karen S. for her term at the wheel of this position. John H (Kayak John) is getting familiarized with the position as Karen's replacement, with Karen's help. They will coordinate the collection of monies. Dale Z suggested closing the PO box at a savings of \$200 per year.

MEMBERSHIP- Dale indicated that we now have 127 members.

PROGRAMS- Rob F. stated that the programs that are part of the fall/ winter/ spring Membership Meetings would be suspended for the summer as we have so many other activities during that period of the year. He noted that there will be a program related to Yoga held at the September meeting and that Sam Decico will do a program on ski equipment in either September or October.

HAPPY HOURS - See the newsletter for schedule.

NEWSLETTER- Jeff H noted that about 26% of the members opened the May edition so is it worth the effort? Consensus was that it is very important so will continue. LET'S ALL READ THE NEWSLETTER!!

HIKING- Nothing new set but contact Steve Wingard (845 532 7459) for your desires - as to hiking! Skip A noted that the Kayaking has now begun to add short hikes to the program so, if you wish to do both, its two birds with one stone.

Dave H. reported that Jessie is still interested in working with TSSC and hosting a Kayak Swap sale. Consensus was that there is may not be enough product, too much manpower required (Dale Z.) and just not a lot of interest. It was suggested that, if he wishes to do the event he should come to a meeting to discuss the specifics. Consensus is that it is a nice idea that probably too much for us to take on.

Continuation of Annual Activity/Event Planning

DISC golf- Amie and Kevin Parker will host at Kingston Point Katie later in the summer. Date TBD.

Mini golf - Pandora F. will organize when she is back in the area. Date and location TBD.

Solaris Cruise (solar powered electric boat for 20+/- from Kingston). It will be a trip to the Lighthouse. Dave H will follow up and report at the next meeting. Dates and cost to be defined.

Bard Speigeltent- The Olnies on Thursday 8/6. There are several 6 person booths still available. Check the Bard Events page for a trailer on the group. Final commitment due on June 13th. If you are interested, email Marty N. at 845 679 8613 or email at nystrommr@gmail.com

Tanglewood- Monique C and Kathie Q to follow-up, pick a date and advise on arrangements.

Shakespeare at Woodstock- Diana Z reported that the date is 8/29 and that it is FREE! D and D Z. will have a picnic at their place before. Call Danna (845 657 6312) for information.

Saratoga Racing- Mike G is arranging this for 8/20. 10 hands went up as going. Mike will get there early to save tables. Arrive in late morning. If needed, call Mike (914 388 7558) for info.

Paint and Sip- 6/8 at 4pm / Freer Park. Katie V. running it. (845 594 4359) BYOB.

Murder Mystery ("who done it?") night- Monique C. to set it up for Saturday 10/3. Info to follow but save the date.

Kayak race- No interest (aging fleet)

Kayak Instruction- Marty N to contact River Connection in Hyde Park and report on cost to participants. This is gauged to new paddlers who want to get in the program. Those interested, contact Marty at 845 679 8613.

Kayak camping- Skip A./ Yvonne B. will be holding this at Lake George post Labor Day. If interested, contact Skip ((845 481 2898).

Kingston Classic running race- Katie V. proposed for next year.

Tuckerman's Ravine- next year perhaps. Dale Z described the rigorous hike/ski program. 6 persons were potentially interested.

Potential Fundraiser Pig Roast- Skip A. proposed this to significant interest. Skip to advise further but the tentative date is early October.

Golf instruction- Harvey Bostic, Club member and PGA pro (Windham instructor) has indicated to Rob F. that he would be willing to hold a FREE September instructional at a driving range. 6 members are interested. Rob to follow up and report. projected date is September.

Walk around Shawangunk Grassland National Wildlife Refuge - Nicole W. to coordinate for Fall

Jeff H. noted that the June and subsequent Newsletters will have all the confirmed dates listed in the Events section and will also be posted to the calendar on Trailsweepers.org.

there was any interest in skiing in the Andes (Argentina/Chile) summer 2027. There were 6 persons interested. The trip would be via Buenos Aris, etc. Jeff will investigate this.

The next meetings are 6/9 at Skyview with a vote on the budget and reports noted above due so we can finalize the summer schedule. There will be one meeting per month during the summer 7/14 at Skyview, 8/11 at the Kingston Point picnic..

After all that information, Rob closed the meeting at 8:10.

Respectfully submitted, Marty N.

Trailsweepers Club Roster 2025/2026

(area codes 845 unless otherwise noted)

Club Officers

President - Rob Fletcher 338-1537, President@trailsweepers.org

Executive VP - Jeff Huth 203-482-1954, ExecVP@trailsweepers.org

Administrative VP - Dale Ziegenfelder 657-6312, AdminVP@trailsweepers.org

Secretary - Martin (Marty) Nystrom, 679-8613 Secretary@trailsweepers.org

Treasurer - John Hoefinger

Club Board Members (term expir.), Board@trailsweepers.org

Skip Alford (4/'27) 481-2898

Mike Griffin (4/'28) 914-388-7558

Katie Viglielmo (4/'28) 594-4359

Kathie Quick (4/'27) 331-7358

Steve Wingard (4/'28) 532-7459

Committee Chairs

Membership - Jim Wise 914-474-1588, Membership@trailsweepers.org

Programs - Rob Fletcher 338-1537

Ski Racing - Jim Tomasetti 594-9044/Dale Ziegenfelder 657-6312

Discount Lift Tickets - Steve Ahladas 337-9317

Kayaking - Yvonne Baker 417-7144, Skip Alford 481-2898

Hiking - Steve Wingard 532-7459

Media

Facebook- Jean Pavone 518-527-4670, Instagram Katie Viglielmo

Newsletter/Website - Jeff Huth 203-482-1954, webmaster@trailsweepers.org

Social Events

After the Holidays - Lisa Olivett 542-3945

Fall Kick-off - TBD

Happy Hours - Ellen Berlin

Spring Banquet - Diana Ziegenfelder 657-6312

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