



TRAILSWEEPINGS

The Newsletter of the Trailsweepers Ski and Sport Club Inc.

February 2021

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www.trailsweepers.org (website currently under construction)

Happy Hours and Informational Programs Reminder

On the second and fourth Tuesday evening each month Trailsweepers get together for virtual interactions.

The first Tuesday is designated for a "Happy Hour" to catch-up and share recent experiences with skiing and other activities.

The fourth Tuesday is allocated for Informational Programs coordinated by Rob Fletcher. On Tuesday January 26, Jeff Huth delivered a program on the vaccine development process with an emphasis on the 3 types of vaccines against COVID-19 approved or in late stage clinical development in the U.S.

The next Program is scheduled for Tuesday February 23 and will discuss Habitat for Humanity co-hosted by Ulster County Habitat Executive Director Christine LaValle and build-crew volunteer, Jeff Huth.

Check your e-mail for additional information from Trailsweeper President Lisa Ollivett. If you would like to volunteer to deliver a Program or have a specific request related to a topic you would like to hear about please inform Rob.



Winter Hiking

Suffering from cabin fever? Steve Wingard has volunteered to organize and lead a few hikes this Winter and would like to remind everyone of the following to ensure a positive experience:

- 1) COVID is still here! We will follow TSSC and CDC guidelines to help prevent spreading it.
- 2) Proper equipment is essential for safe winter hiking. Here is a partial list:
 - Backpack
 - Water and Food
 - Layers of warm, moisture-wicking clothing. No cotton - there is a saying that "cotton kills"!!
 - Hiking boots, Microspikes **and** Snowshoes - both could be needed as conditions change on the trail
 - Headlamp and maps/compass are recommended although Steve has the latter for use on behalf of the group.

For Catskills hikes, you can access the Catskill Mountaineer website for descriptions to help inform your decision to participate.

Recent/Planned hikes:

On Saturday January 23 four intrepid Trailsweepers (Tom F., Jeff H., Amie P., and Steve W.,) bushwhacked up Rusk. It was brisk but unusually bright and sunny with a bluebird sky. A few prior hikers had been on the fresh snow ahead of us so there was a track to follow up the usual route. While snowshoes weren't a requirement on that particular day we definitely needed microspikes on the way down. The group met for a quick, outdoor, socially-distant, adult beverage afterwards at the Westkill Brewery on Spruceton Road

which is a real treat if you haven't been (only open on weekends at present).

On Thursday January 28, 5 folks braved the 18° windy morning but otherwise beautiful sunny day and enjoyed a 7.6 mile hike/ snowshoe to Windham Mtn. Trailsweepers Kathy A., Mary N., and future members Chris and Kathy B., joined Steve W.

The next hike is planned for **Thursday February 4** to Balsam mountain. This will be a 5.5 mile hike with an elevation gain of roughly 1629 feet and is rated at Moderate difficulty. Please plan to meet either at 8:00 at the Kingston traffic circle or 9:00 at the Trailhead on Rider Hollow Road.

In addition, on **Saturday February 20th** a group will meet for a Shaupeneak Ridge Hike at 9:00 at the Lake Louise trailhead on Poppletown Road in West Esopus. It is a fairly flat, relatively easy hike of 4 - 6 miles depending on the trails/route selected with some very nice Hudson River views in a few places.

Please contact Steve via phone/text on 845-532-7459 with any questions and/or to let him know you will be joining.

Be on the lookout for information on some hikes in March as well.

A big thanks to Steve for taking this on.

Here are a few photos from the Windham (top) and Rusk (lower) hikes.





Skiing for a Good Cause

On Thursday March 11, The Benedictine Health Foundation will again take over Plattekill ski area for a private fundraising event capped at 250 attendees. The registration fee includes a lift ticket, lunch/beverages and **optional** bus transportation from Kingston Plaza. The proceeds are used to offer financial support to Ulster County residents and their families struggling with a cancer diagnosis.

You will recall that the Trailsweepers received a commendation for our team's fundraising efforts at last Fall's Benedictine Health Foundation virtual run/walk/bike event under team leader Jackie Olivett.

While not a club-sponsored outing, it is certainly for a worthy cause worth considering and a number of Club members plan to attend. For additional information click on the link below.

[BH-SkiBenefitFlyer-2021.pdf](#)

Trailsweepers Roster 2020 - 2021

Club Officers

President

Lisa Olivett 542-3945

Executive VP

Robert Fletcher 338-1537

Administrative VP

Dale Ziegenfelder 657-6312

Secretary

(OPEN POSITION)

Treasurer

David Wise 255-1868

Club Board

Skip Alford 481-2898

Mike Griffin 914-388-7558

Jeff Huth 203-482-1954

Kathie Quick 331-7358

Steve Wingard 532-7459

Committees

Membership

Karen Spinozzi 338-0626

Meeting 50/50

Robert Fletcher 338-1537

Programs

Robert Fletcher 338-1537

NJSSC Liaison

Jim Culla

Ski Racing

Jim Tomasetti 594-9044

Discount Lift Tickets

TBD

Kayaking

TBD

Hiking

Steve Wingard 532-7459

Media

Facebook

Jean Pavone 518-943-3061

Carol Tomasetti 594-9045

Newsletter

Jeff Huth 203-482-1954

Website (under construction)

Jeff Huth

www.trailsweepers.org

Social Events

After the Holidays

Karen Spinozzi 338-0626

Fall Kick-off

Janet Mihm 201-615-2806

Spring Banquet

Diana Ziegenfelder 657-6312

Jean Pavone 518-943-3061



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